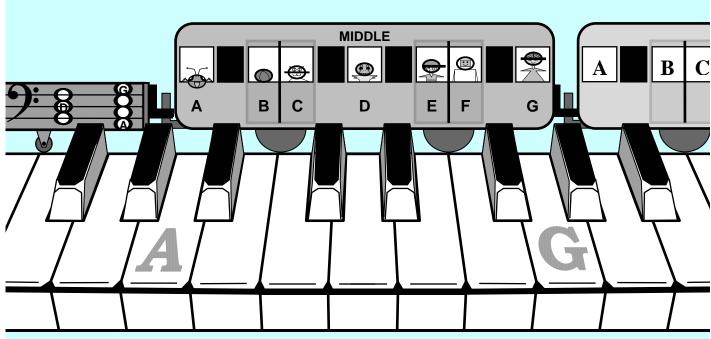


The Keyboard Express - revealing the

missing links and forgotten symmetry of white keys ABCDEFG:



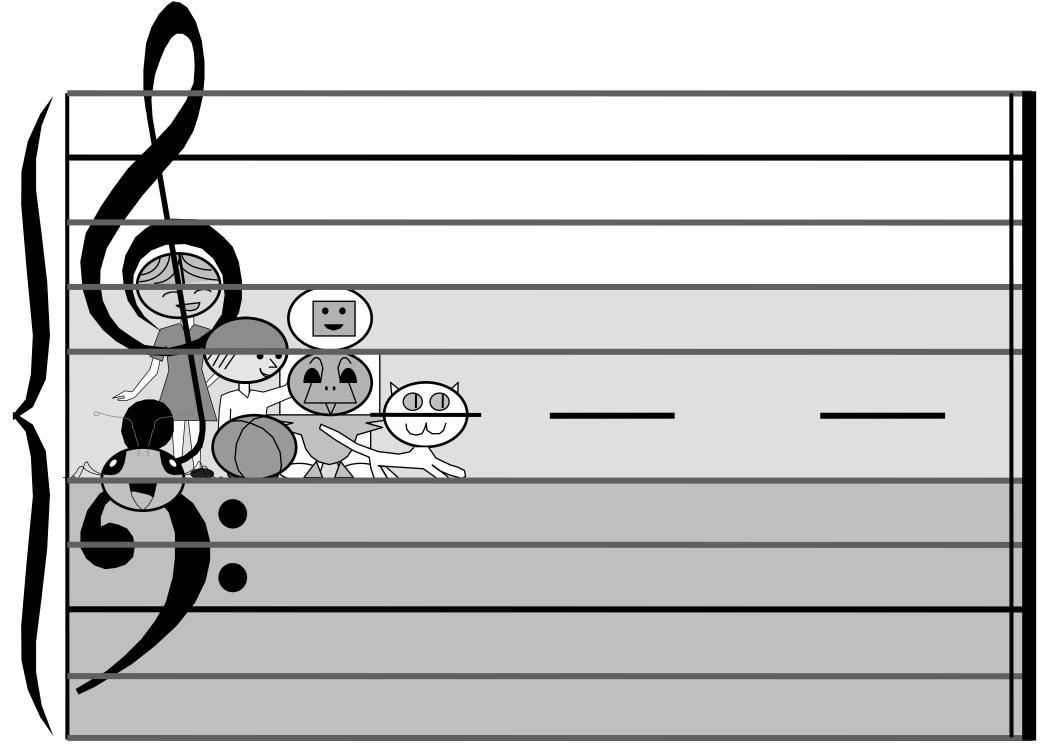
BOOK 1



The Keyboard Express TM © John F Keller, 2018

A beginner piano method with middle characters and keyboard guides

by John Keller



Grand Staff Note Tester: Teacher slides a small coin over the page while student plays the notes.

To the Piano Teacher:

This method offers a different but effective approach to beginner piano study. Its salient feature is that the white key letter-names are taught in the symmetrical units ABCDEFG. To many teachers, seeing the symmetry of A to G on the keyboard will come as a new experience. Teaching the keys this way, however, uses the alphabet predictably, avoiding the conceptual conflict of starting from C. Moreover, the grouping together of keys A to G permits a systematic labelling of *registers*, making it easier to fully specify any note's pitch. A child's average singing range, for example, happens to be roughly middle A to middle G, and the bass spaces go from bass A up to bass G.

It is of interest to note how the letters A to G were assigned to pitches historically. The earliest record of their use, designating the notes of the vocal scale, occurs in Dialogus de Musica, written in about 935AD, a century or so before the invention of the stave. This treatise, formerly attributed to *Odo of Cluny*, tells monks how to mark pitches on a *monochord* or single stretched string. The first letter, *capital A*, is marked at one ninth of the string's length, defining a whole tone above the open string (which was presumably tuned to the lowest note the men could sing). Other letters to capital G follow. Next come small letters, a to g, and then double letters, aa to gg. Clearly therefore, notes were originally classified into groups of A to G.

In *The Keyboard Express*, each white-key group, ABCDEFG, is likened to (and referred to as) a *carriage* of the keyboard 'train', and the *middle* black key in the three-black-key group becomes the link that joins one carriage to the next, as depicted on the front cover of this book.

Other innovations are: a wide range of hand positions to avoid notes being associated with particular fingers, and breaking up the written music into phrase sections for ease of practice. Finger-number and letter-name notes lead to regular stave notation, and *characters* help with the note-learning.

This book is an all-in-one course, containing a variety of attractive pieces with accompaniments, theory and writing activities for the student, and useful lesson guidance and other interesting information for the teacher. Although the book is printed in greyscale, it is suggested that the teacher make ample use of colour (pencils, highlighters, etc.) to draw attention to important points, thus enhancing the educational process.

Wishing both teacher and student a most enjoyable musical journey,

John F Keller

(MMus, FTCL, LMusA, BSc, DipEd) - Oct, 2010

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High Sounds and Low Sounds

• Make these sounds with your **voice**.



A young student will understand high and low *positions* already.

In reference to **sounds** however, many children without any prior musical training will have heard the words **up** and **down**, **high** and **low**, only in contexts such as the following:

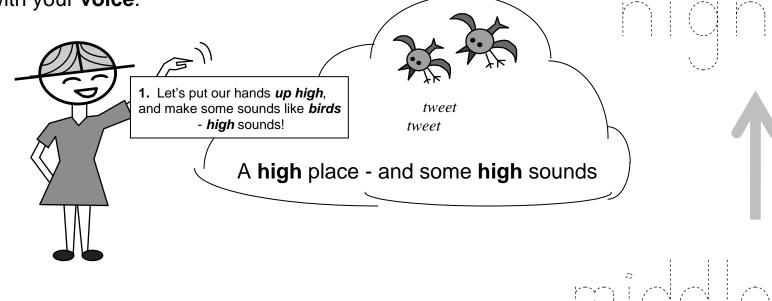
'Speak *up*. I can't hear you!';
'Please turn the television *down*.
It's up way too *high*.';
'*Lower* your voice or you'll wake the baby!'

So it would not be unreasonable for a beginner to think the *words* high and low meant *loud* and *soft*.

However, if high and low *sounds* are played, a child might describe them as being *little* and *big*, since they will have associated different kinds of sounds with the animals, objects or people (such as babies and giants) that make them.

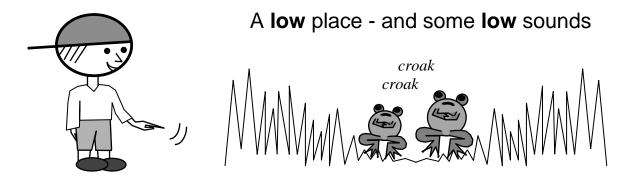
In view of these various possible confusions, the teacher's task here is really to *redefine* the terms *high sounds* and *low sounds* as clearly as possible.

The Keyboard Express does this efficiently by choosing birds and frogs to connect the high and low sounds with familiar high and low places. Moreover, all association with size is avoided.



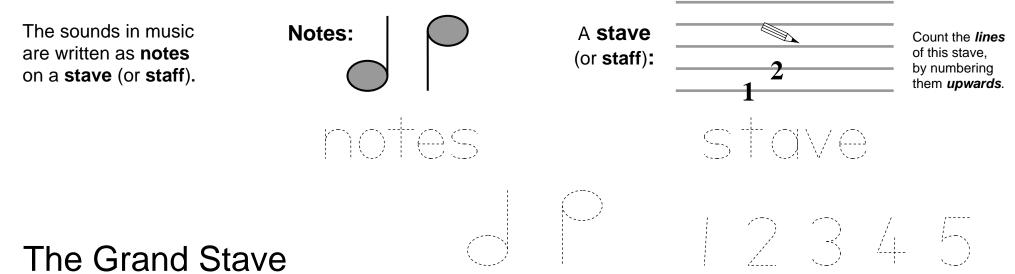
 Now let's put our hands down low, and make some sounds like bullfrogs

 low sounds!

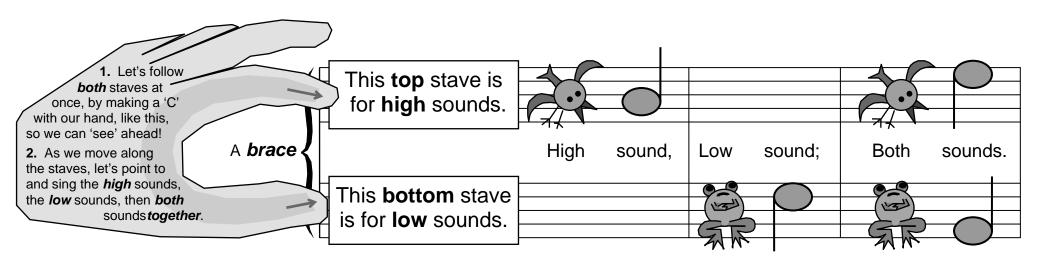




Notes and the Stave



Piano music has **two** staves, joined by a **brace** and **barlines**. The double stave is called a **Grand Stave**.

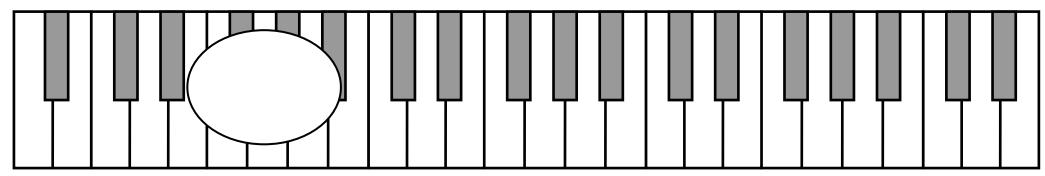


Using the left hand to point prevents obscuring the notes ahead.

It is suggested that the teacher sit to the left of the student. This enables the teacher to play the accompaniments; also to point to the notes, helping the student keep the place if required.

To begin with, staves are used only as a general reference for high, low and middle sounds; to show which hand is to play, and as a background against which 'notes' can be seen as going up or down. At this stage the notes are not intended to correspond to specific lines and spaces, and leger lines are not used.

The **piano keyboard** is shown here in full, over **two** pages:

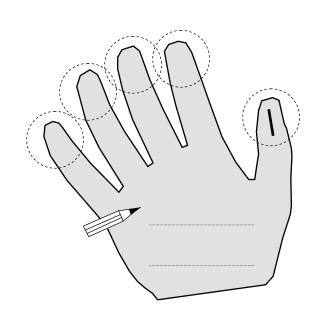


- 1. Play some white keys near this end of your piano keyboard.
- How do the keys on this side sound?*

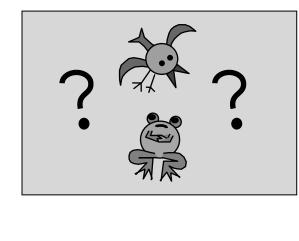


* The aim here is to let students discover for themselves that this (left) side of the keyboard sounds low (like frogs), and that the other (right) side sounds high (like birds).

Be careful not to inadvertently give the answers away by referring to 'down here' or 'up on this side' etc.



Then go to the other side.



Your Two Hands

We will call your two hands the **low hand** and the **high hand**.

 Inside the picture of each hand, write 'low hand' or 'high hand'.**

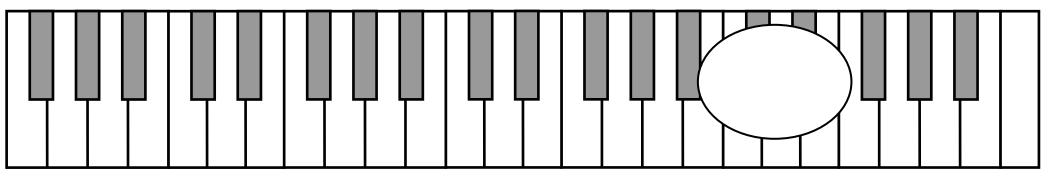


** If the two hands are called 'left' and 'right', some young children will tend to mix them up. If we label them 'low' and 'high' however, then the sounds of the keys themselves will reinforce which hand is which.

These names also help students to associate their two hands with the two staves. Pictures of the two hands are sometimes attached to the two staves, as shown on page 13.

Keyboard

The **keyboard** is made up of black and white **keys**.



- 3. Inside each circle on the keyboard above, draw either a bird or a frog.

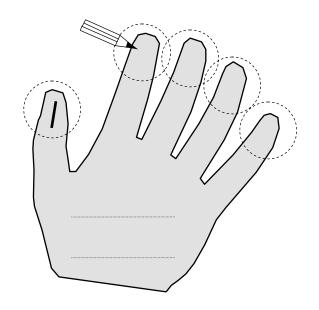
 Which goes where?
 - 0

The Finger Numbers

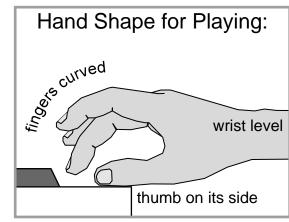
The fingers have numbers: 1 2 3 4 and 5. Our thumbs are finger number 'ones' (1).

• Write in the finger numbers for both of the hands.

- 2. Now play some white keys near this end.
- How do the keys on this side sound?





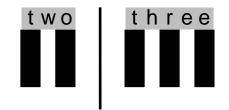


• NB to parents: Fingernails should be kept short.

- 1. Wiggle your fingers as your teacher calls out various numbers.
- 2. Close your eyes and hold out your hand (palm down). Say which finger numbers your teacher touches.
- 3. Have a *race* with your teacher to *touch* the *target* with the finger named. Don't fold other fingers under.

Black Key Groups

Black keys are divided into groups of **two** and **three**. So they are easier to find than the white keys.





Cover the black keys with this book to show that all the white keys look alike.

• Find and play all the *two-black-key* groups, using fingers 2 and 3 together.

1. Start down *low* with *low hand*.



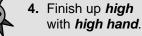
2. Go upwards



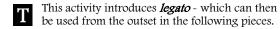
3. Change hands in the *middle*.











 Pretend your fingers 2 and 3 are feet, and 'stand' on two keys.



- Now lift one foot right off, then put it back, playing that key.
- Next, lift the other foot right off and put it back.
- Do this again but as you put each foot back, say the finger number.
- 5. Repeat this slowly a few times, feeling your fingers 'walk' smoothly on the keys. Practise it with each hand.



Walking Up and Down the White Keys

1. Standing side-on to the keyboard, 'walk' your left hand *up* the white keys, all the way from the *low* side to the *high* side.

2. Facing the other way, 'walk' your right hand *down* the white keys, all the way from the *high* side to the *low* side.

• Going downwards on the keys is the opposite direction to reading on the page!

Blackbirds

1. To see what the song is about, read its *lyrics* (words). Your teacher can help.



 Next read the notes, saying the note numbers and the word 'rest' in time with your teacher's steady walking beat. Each note and rest in this piece lasts just one beat.*

- 3. The pictures show where to place your hand and fingers.
- Optional: Draw a 2 on the starting finger, and place a white 'note sticker' on the black key to start on.*
- Optional: Turn the book on its side to follow the notes.



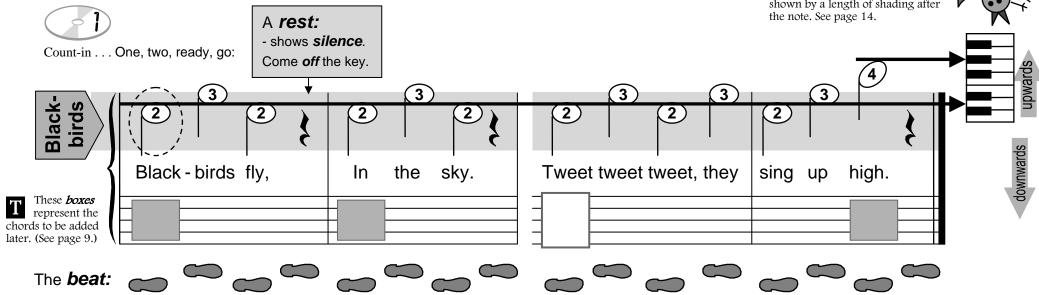
- 4. Play the song. Say the finger numbers (plus 'rest') as you play. Use your high voice.
- 5. Practise at home. Play any hard parts five times. Next lesson, we'll sing the lyrics.

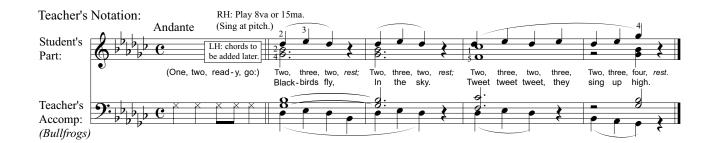
t wo three

2
3
4
high side

* This method starts by playing black keys, which are indicated with white 'note stickers', borrowing from Express Stave notation.

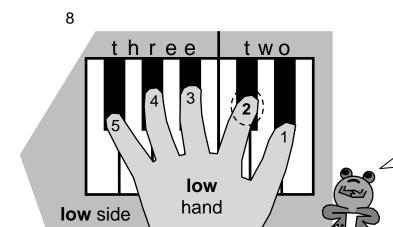
Notes worth 2 beats will initially be shown by a length of shading after





 Playing by heart means from memory.





Bullfrogs



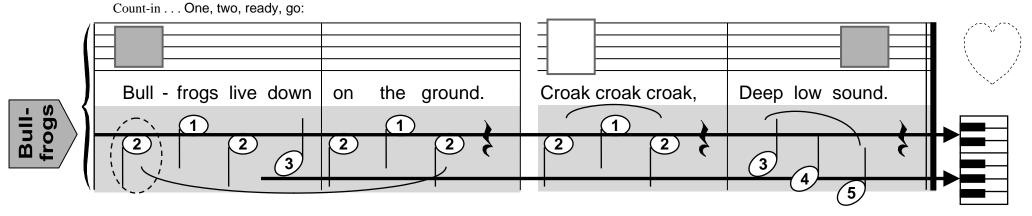
- 1. Read the song's lyrics.
- 2. Read the notes. Say their numbers (and 'rest') to the beat.
 - **3.** This picture shows where to place your hand and fingers.
 - Optional: Turn the book on its side to follow the notes.
- 4. After the count-in, play the piece. Say finger numbers (plus 'rest').
- 5. Practise at home. Play five repetitions of any hard sections.
- Next lesson, you can play while singing the *lyrics* in a *low* voice.

A slur:

- notes are joined up smoothly (*legato*).

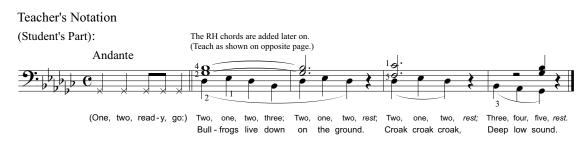
* Pre-playing warm-ups:
The teacher names and
points to the finger numbers in
the picture, keeping mainly to
pairs of consecutive fingers.

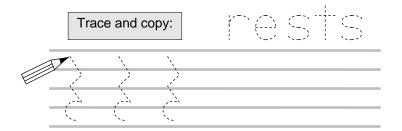
The student is to play each key and hold it till the next. They could also close eyes and play by feel, as numbers are called.



Having finger numbers inside the note *heads* will prevent students from looking at the *stem* end to see what to play.





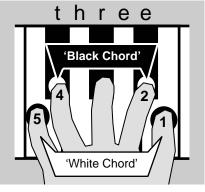






A chord:

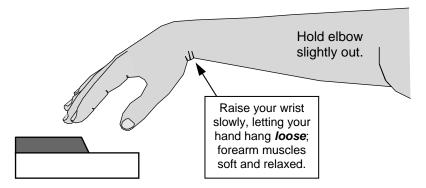
- two or more notes played *together*.



• Play these two chords five times with each hand.

How to come off the keys:

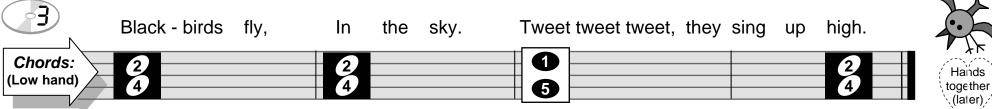
(eg. for rests, and at the end of a piece)



Chords for Blackbirds

1. Practise each *chord* with your *low* hand, but a bit on the *higher side* of the keyboard!

2. Sing Blackbirds, but play only the chords, on the words where they come.



Chords for Bullfrogs

- 1. Practise each *chord* with your *high* hand, but a bit on the *lower side* of the keyboard!
- 2. Sing *Bullfrogs*, but play *only the chords*, on the words where they come.



Bull-frogs live down on the ground.

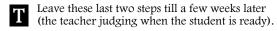
Croak croak croak. Deep low sound.



Hands together

、(later)./

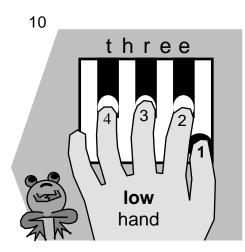
Hands Together:



- 1. Learn *Blackbirds* with high hand melody and low hand chords *both together*. Use the music on p.7.
- 2. Later still, learn Bullfrogs on p.8, with hands together. This involves the reverse hand co-ordination.

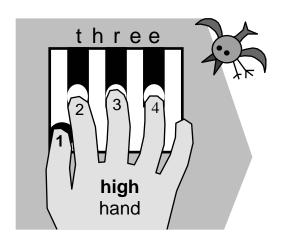
Blackbirds and Bullfrogs may also be played together as a duet, by two students. Refer to *Teacher's Notation* on p.7.

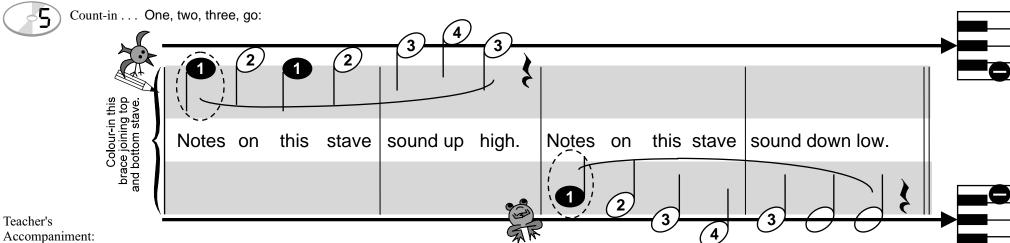




Top and Bottom Stave

- 1. Read the **words** of the song. Use your **high** voice for top stave notes; your *low* voice for bottom stave notes.
- 2. Get both hands ready to play but one at a time.
- Notice that your *thumbs* play *white keys* in this piece. (The thumbs will play on their sides, not on their tips.)
- 3. Play. Sing the finger numbers (plus rests). Keep to a beat.
- While one hand plays, don't let the other hand come **off** its place.
- 4. Practise. Play five 'reps' for any hard parts. Sing the lyrics.

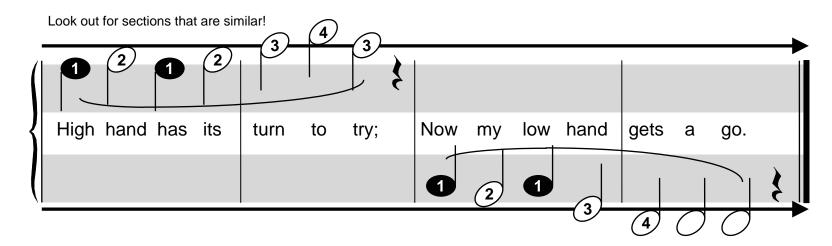


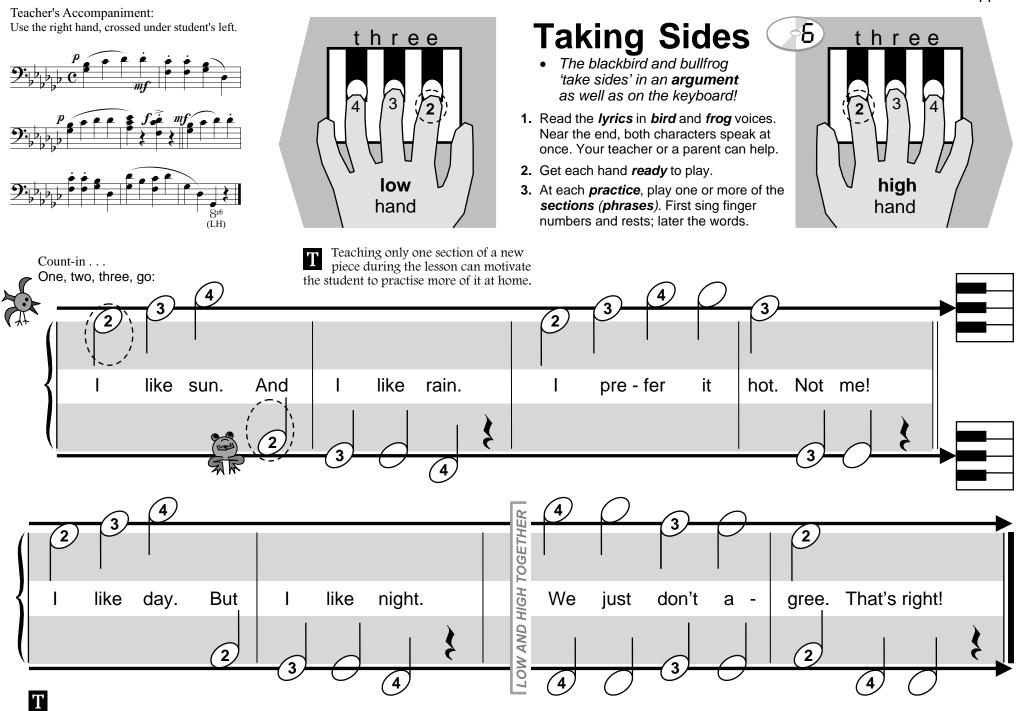


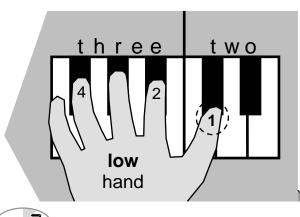
Accompaniment:

Play with the right hand, crossing under student's left.



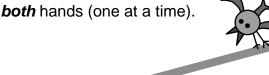


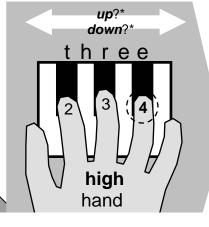




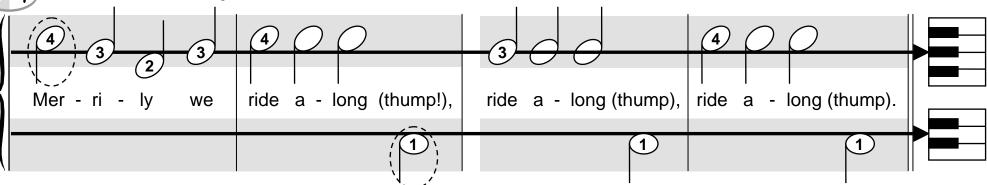
Merrily We Ride Along

Prepare both hands (one at a time).

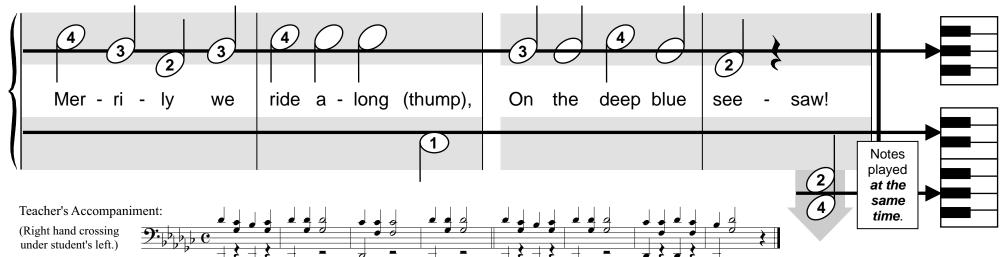








Notes can go downwards, upwards, or stay the same. Look at the note heads - not their stems. *On the keys, which way goes up; which way goes down?



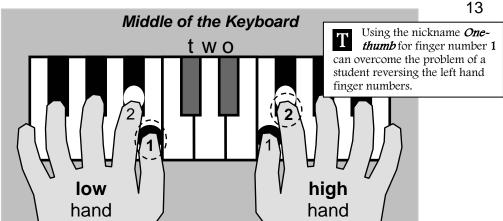
One-thumb and Tutu

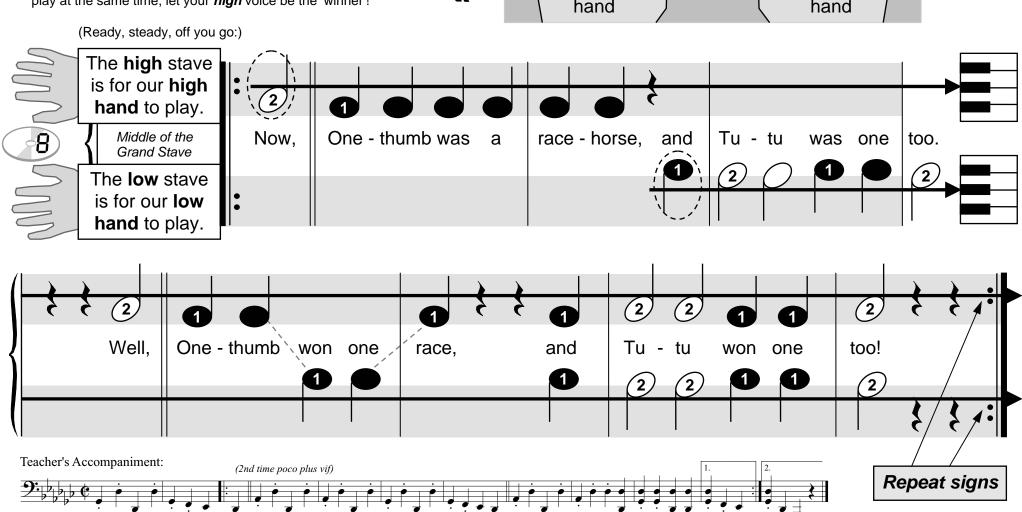


- 1. Read the words of the song.
- 2. Place hands in *position*. (Your thumbs play on white keys.)
- 3. Play, singing finger numbers and rests. Then sing the lyrics. If you play well, you can go faster on the repeat!
- Use your *high* and *low* voice. At the end, where both hands play at the same time, let your *high* voice be the 'winner'!

(Read-y, stead-y, off you go:)



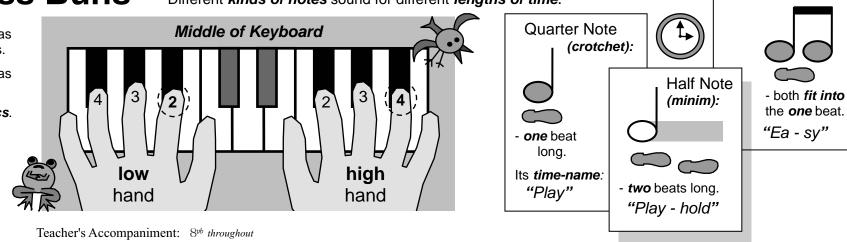






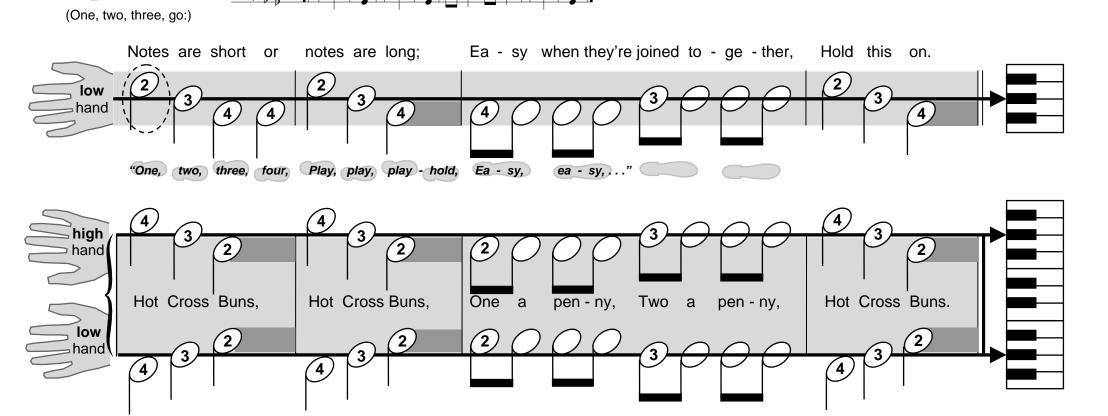
Different kinds of notes sound for different lengths of time.

- Say the time-names as you point to the notes.
- 2. Say the *time-names* as you *play* the song.
- 3. Play, singing the lyrics.



Two Eighth Notes

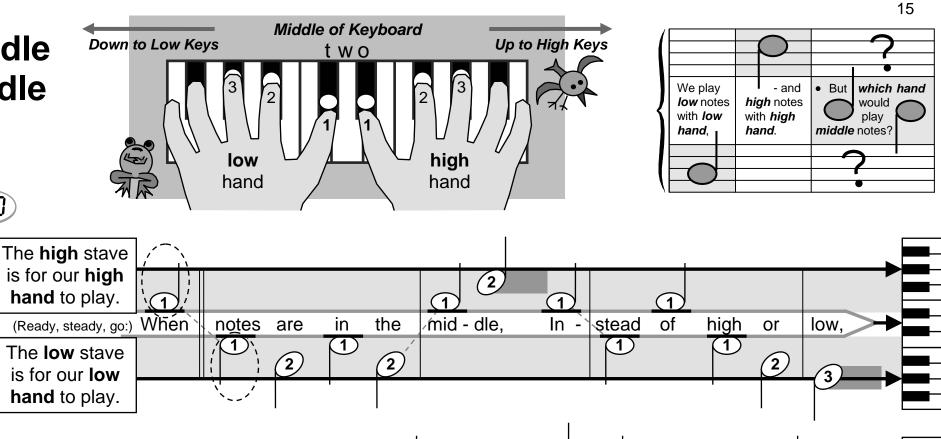
(quavers):

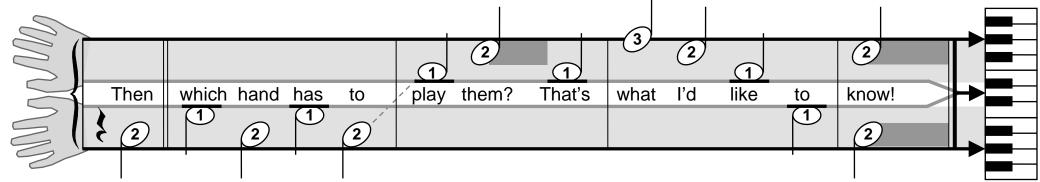


Middle Riddle

10

MIN MIN



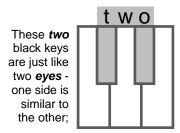


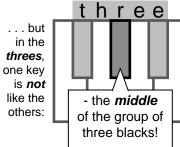
• Answer to the riddle: Use the hand for whichever stave a middle note is ioined to!

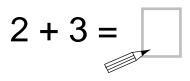


A Special Black Key:

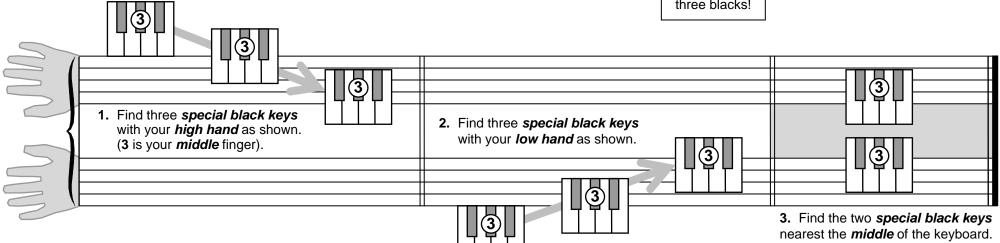
• There are *five* different kinds of *black keys*. But which *one* of them is in a *special* position?







Hold them both down together.



Naming the White Keys:

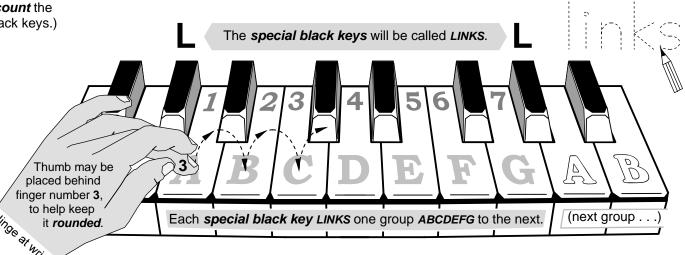
While holding down the two special black keys, first *count* the *black* keys *in between*. (Don't go past the special black keys.)

 Then count how many white keys are in between.

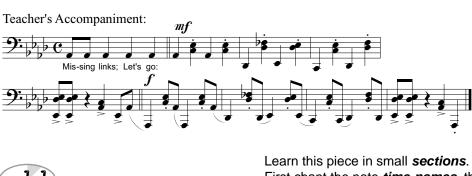


- These white keys are named by the first seven letters of the alphabet.
- The seven letters are repeated over and over to name all the white keys.
- On your piano, play up these seven white keys, saying their letters aloud.

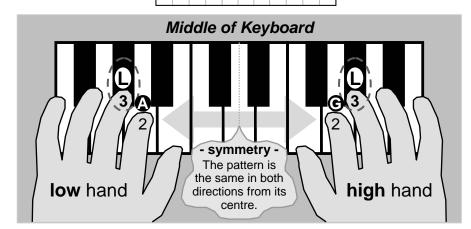
Bounce on the keys with middle finger. Practise with **each** hand.

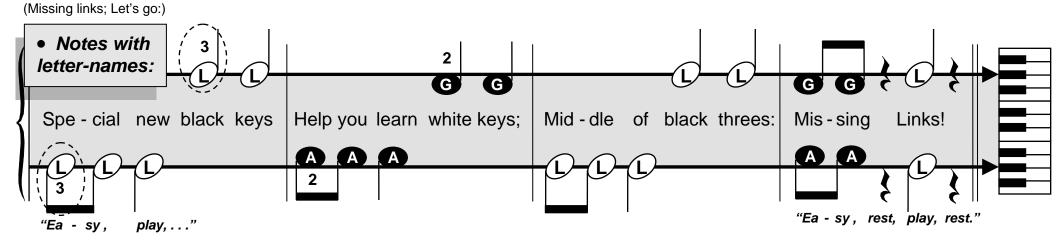


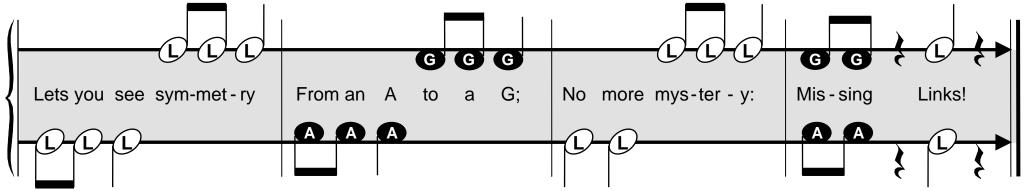




Learn this piece in small **sections**. First chant the note **time-names**, then the **lyrics**. Then join up the sections.





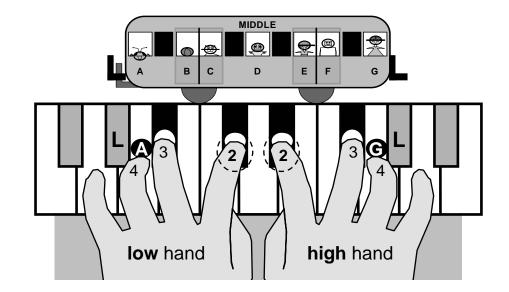


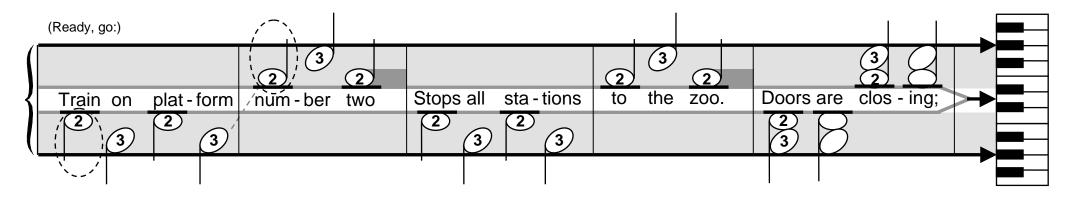


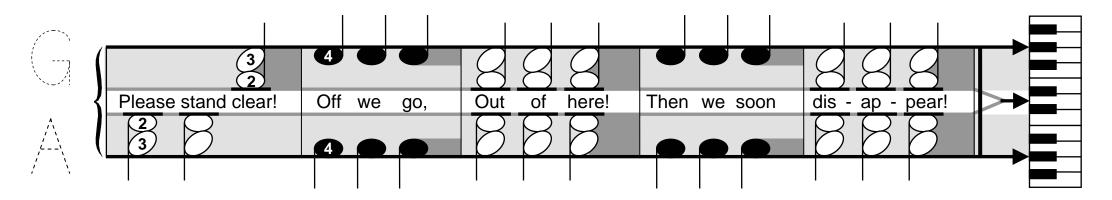
Train on Platform

Place your *middle carriage* at the back of the keys. Line up the two *links*. Also check the *double doors*. There are four black keys between the two links.



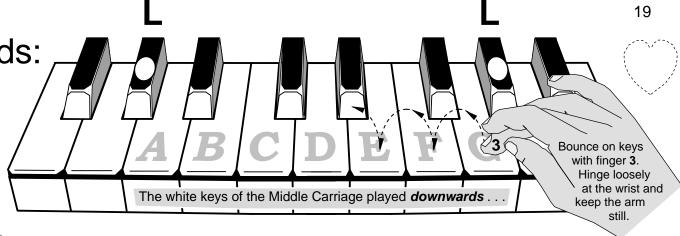








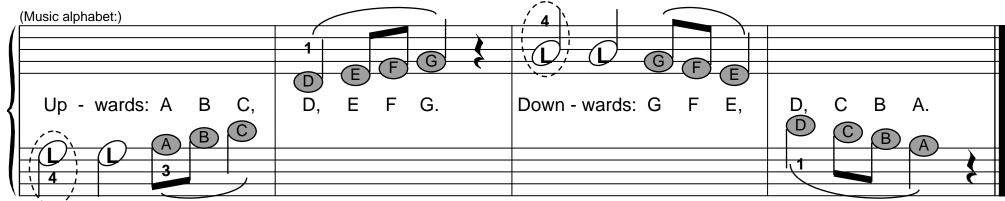
- Learn to say the musical alphabet backwards by memory: GFE - D - CBA
- On your piano, play down the keys, saying their letter-names aloud. Watch the keys.
- Practise this with each hand.



Music Alphabet



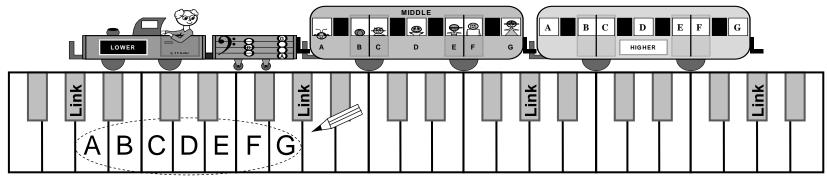
Place 3 keyboard carriages on the keys, the links all lined up correctly. Play in MIDDLE carriage.



Also play in LOWER and HIGHER carriages.

Teacher's Accompaniment:





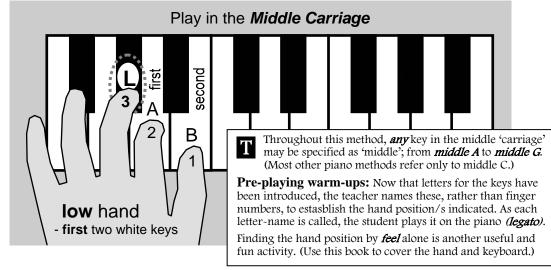
• Write in the letter-names (CAPITALS) for the white keys of the *next two* carriages.

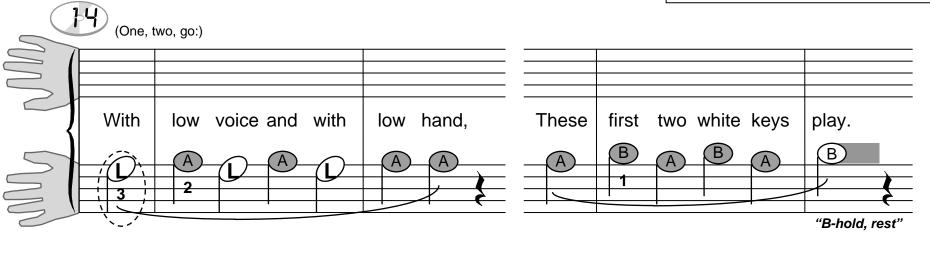
First Two White Keys

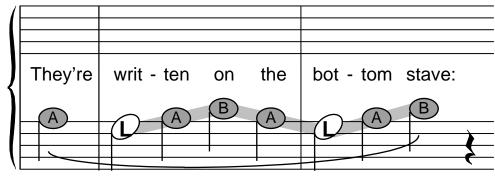
Teacher's Accompaniment:

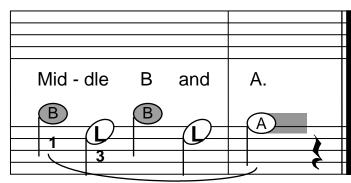


- 1. Read the *lyrics*. Then read the *note letters*, to a steady *beat*.
- 2. Position hand. Do pre-playing warm-ups, some with eyes shut.
- 3. Play and practise. First sing the letter-names, then the words.





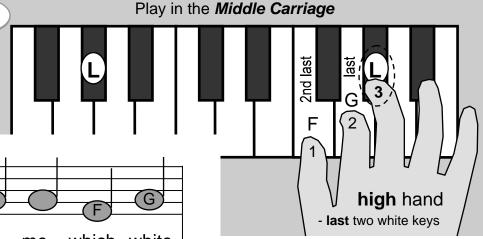


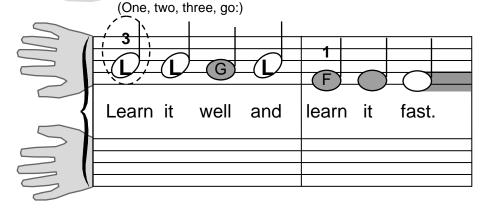


Which White Key is Last?



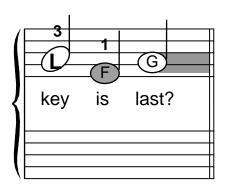
- 1. **Read** the lyrics and chant letter-names.
- 2. *Position* hand and do some warm-ups.
- **3.** *Play* and practise in phrase sections. They correspond to lines of the poem.

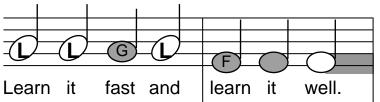


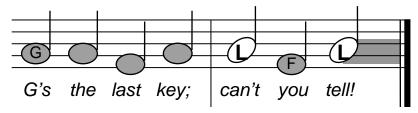


Tell me, which white









The Story of the Piano

The piano was invented about three hundred years ago, by a man called **Bartolomeo Cristofori**. His **first** name was **Bartolomeo**, and his **last** name was **Cristofori**.

Did you know that the word *piano* is only a *first* name as well? Its *last* name is *forte*. So the *full* name of our instrument, is the *piano-forte*. We only call it a *piano* for short!

Now when Bartolomeo invented his piano, there were already other types of *keyboards* around, like the organ and the harpsichord, but these instruments could not be played *soft* and *loud*.

The reason Mr Cristofori's invention was special, is that it was the very first keyboard instrument that *could* be played either *soft*, or *loud*, or anything in between.

In fact Mr C. was so excited by his clever invention that he called it a 'Keyboard with Soft and Loud', or a 'Soft-Loud' for short!

Well actually this isn't quite true. You see, Bartolomeo lived in *Italy* and didn't speak English at all!

So he named it a 'Piano-Forte', which is Italian for 'Soft-Loud'.

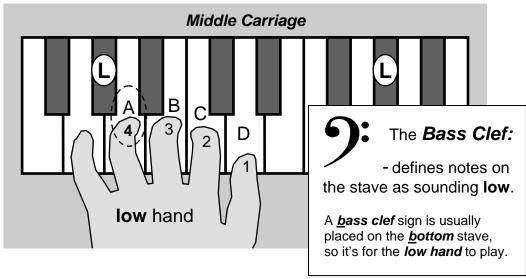
So piano(p) means soft, and forte(f) means loud.



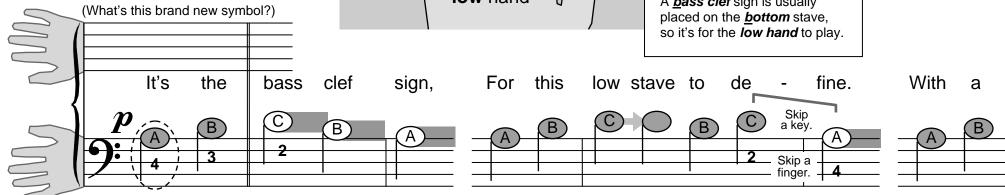
Bass Clef



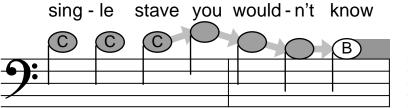
- Read the lyrics. Learn about the bass clef.
 Then read the notes. To an even beat, say
 "A, B, C-hold, B-hold, A-hold, . . ."
 and/or "B, same, same, up, down, . . ."
- 2. Position your hand. Do the **pre-playing** warm-ups, some with your eyes closed.
- 3. Practise in the **sections** or **phrases** shown.

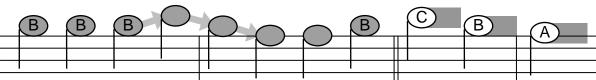


play high



Whe-ther to

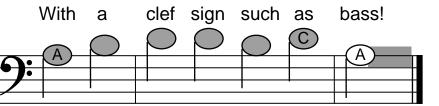




low;

or





find

your

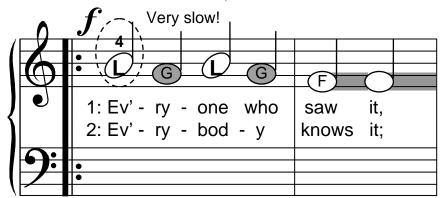
place,

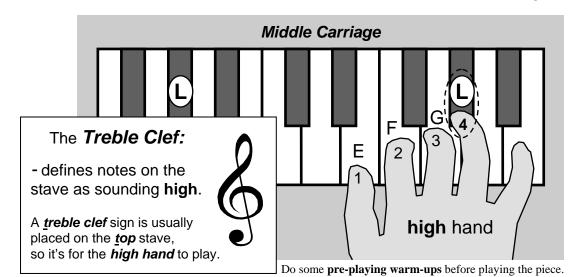
So

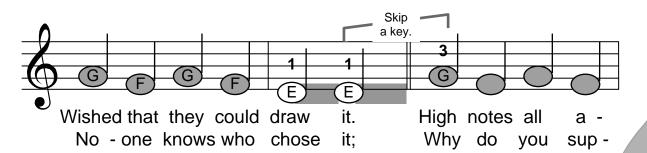
Treble Clef

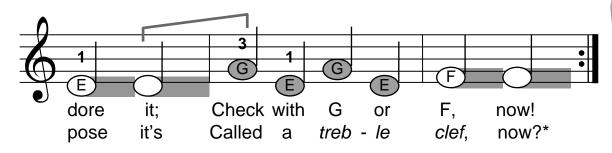


No count-in. Student starts when ready.









Teacher's Accompaniment:



* Why is the *treble clef* so named?

The word 'clef' means **key**. A clef was originally just a letter placed at the start of a stave line to show what pitch that line represented. At first clefs were 'moveable': the letter could be placed on various lines, but not in a space.

The primary meaning of the word 'treble' is *triple*. How it came to be associated with high sounds is uncertain, but three possibilities are:

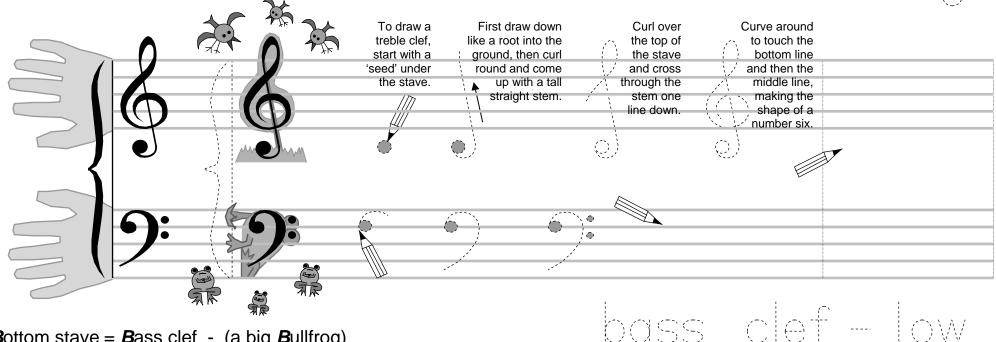
- 1. In the 11th century gamut (vocal scale), notes of successive octaves were often indicated by single letters a to g, then double letters aa to gg, then triple letters aaa to ggg. Notes in this last octave were thus sometimes described as 'treble keys'.
- 2. In early polyphonic music, the treble, or *triplum*, was a *third* part, added for a higher voice.
- **3.** The first two clefs appeared in the 1100s. They were the F (bass) clef, and C (tenor or alto) clef. The higher G (violin or treble) clef was not used till the 1400s, so historically it was the *third* clef.

It is interesting to note that whereas in Italy the G clef became established on the 2nd line as it is today, in France it was placed on the *1st* line. This *French violin clef* was thus read the same as the bass! Had it prevailed, learning bass and treble today would be much easier.

Drawing the Two Clefs

Top stave = **T**reble clef - (a **T**ree for the blackbirds)

treble clef - high

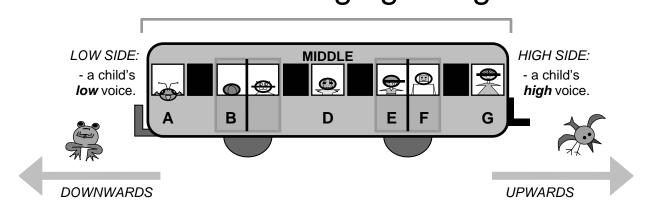


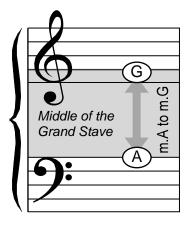
Bottom stave = \mathbf{B} ass clef - (a big \mathbf{B} ullfrog)

A Child's Singing Range:

It may be explained to the student that an average child's voice does not cover the whole range of the piano keyboard, but corresponds roughly just to the notes within the middle carriage.

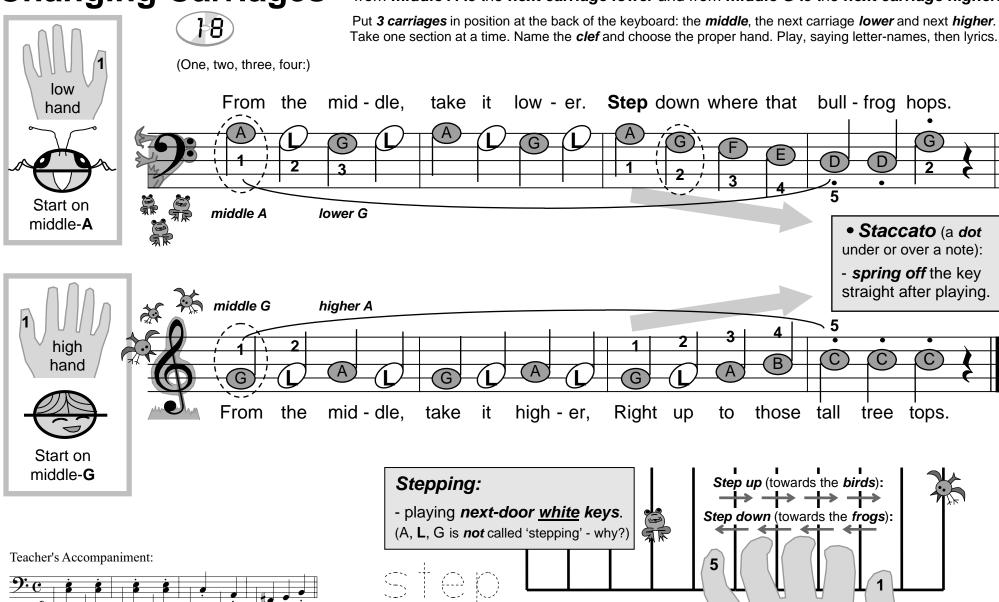
So for most children, to sing near *middle A* will feel low, while singing near *middle G* will feel reasonably high.





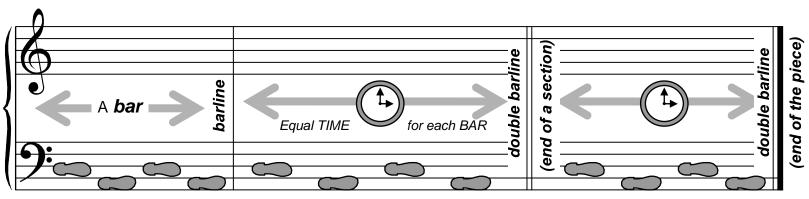
Exercise:
Step up and down five keys with your fingers.
Start on any key and practise with each hand.

Changing Carriages - from middle A to the next carriage lower and from middle G to the next carriage higher.



Bars and Barlines

Barlines divide music into **bars** (or **measures**).

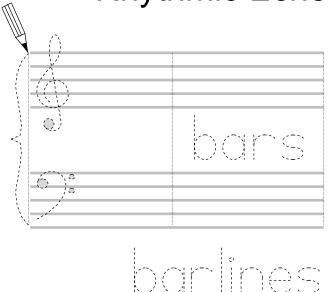


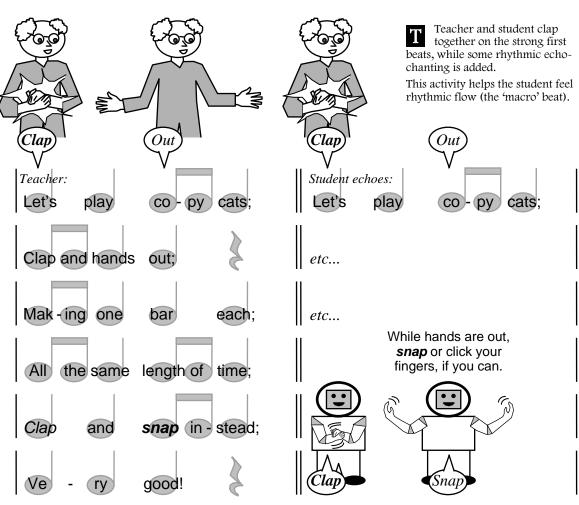
Each **bar** in a piece lasts for the **same length of time**, even if they look to be of different lengths on the page. For example each bar above lasts for a time-length of four beats.

Clapping Strong Beats

We can measure out equal amounts of time, by clapping at the *start* of each bar and putting hands out to the sides in between. The *first beat* of any bar is always the *strongest* (loudest).

Rhythmic Echoing:

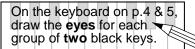




- the 'Clap & Snap' Routine

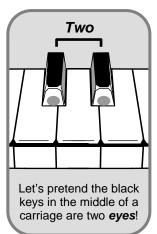
Secret Disguise 19

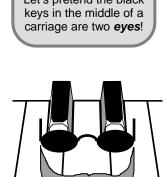
- 1. Doing the clap & snap, echo-chant each two bars.
- 2. Get both hands ready, with correct fingers on starting notes.
- 3. Play, singing letter-names (plus 'eyes'), rhythm names and/or the lyrics of the song.

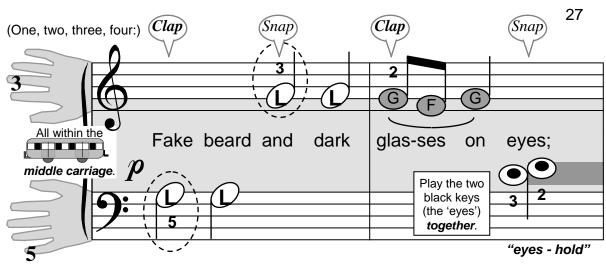


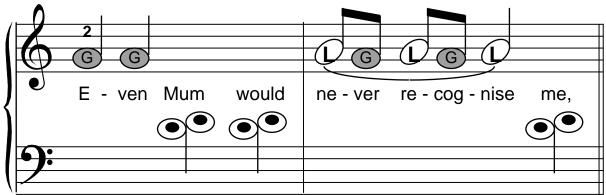
Teacher's Accompaniment:

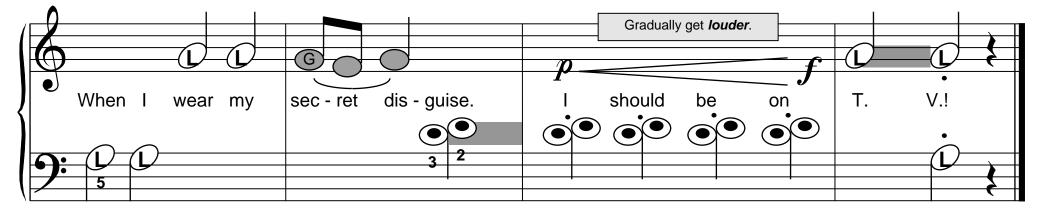






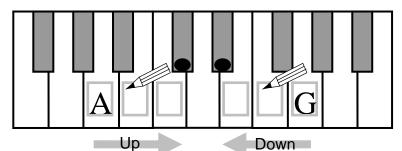






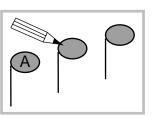
Stepping:

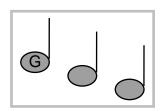
- Next door white keys;
- Next door fingers;
- Next door letter-names.

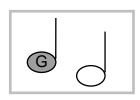


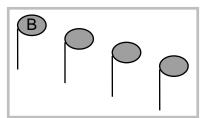
Building Blocks:

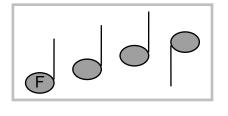
Write letter-names in these note-heads, which step up or down (or stay the same).

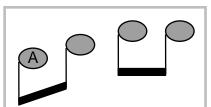


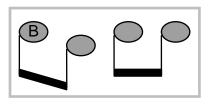


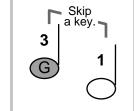










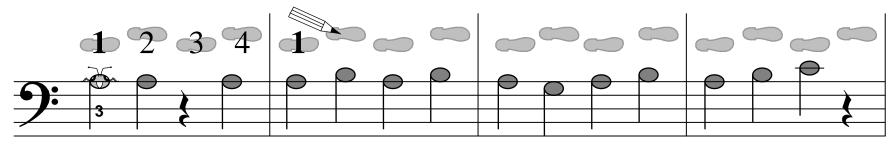


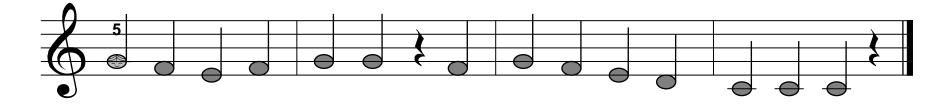
When we **skip** over a white key, it is **not** called 'stepping'.

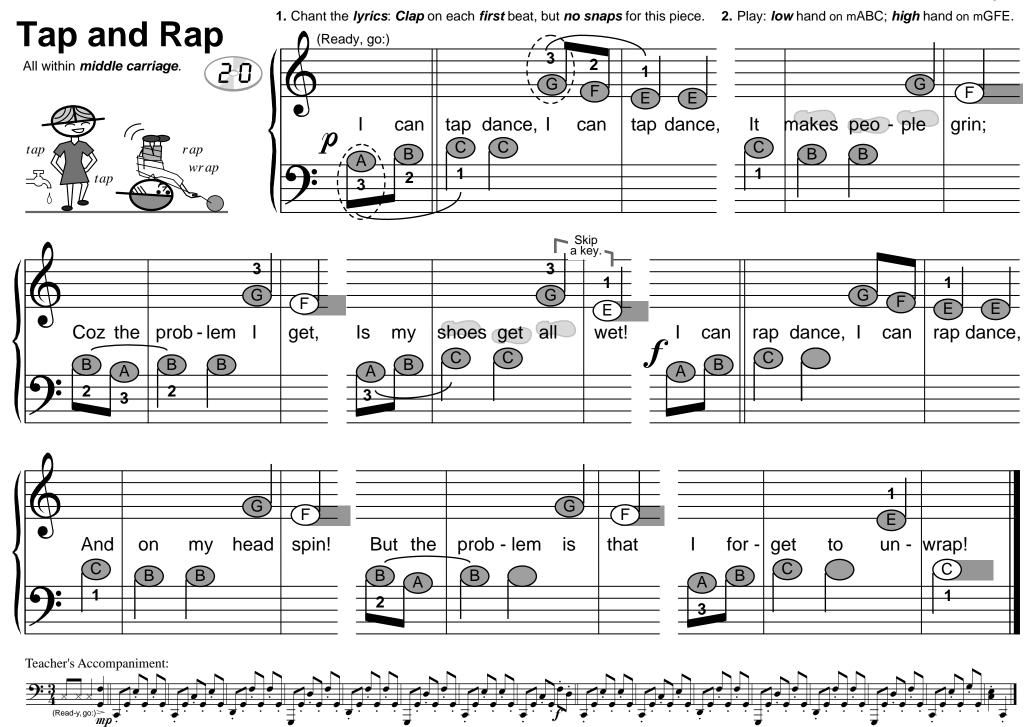
Counting 4 Beats in Every Bar



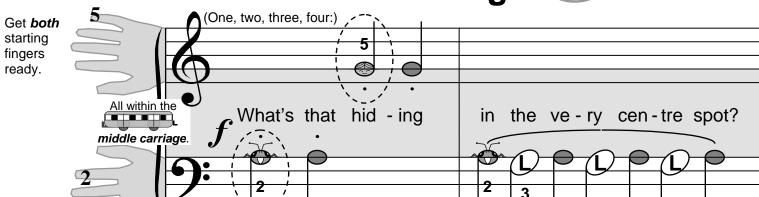
Write the *numbers* for the beats in each *bar*.

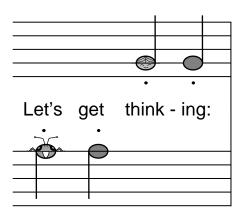


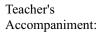




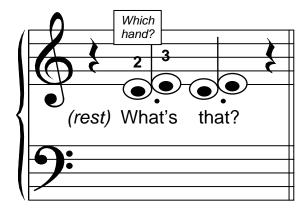
What's That Hiding?

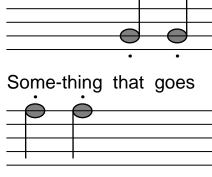




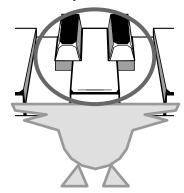


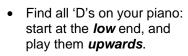






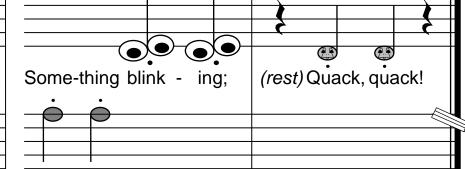
Hold down the white key on each side of middle D; and reveal the *duck*, with its two eyes and beak!





• Which **one** is **middle** D?

swim-ming in the pond a lot;

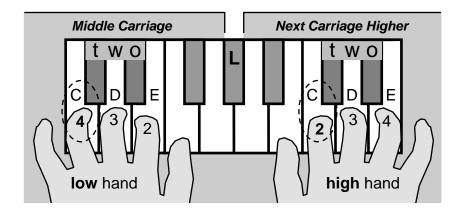


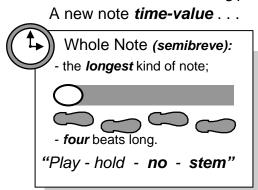
On the keyboard on p.4 & 5, colour-in all the 'D's **yellow**. Also print 'D's in lead pencil.

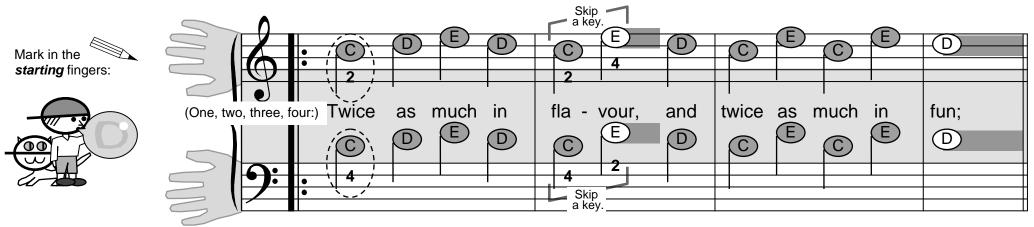
Double 22 Bubblegum

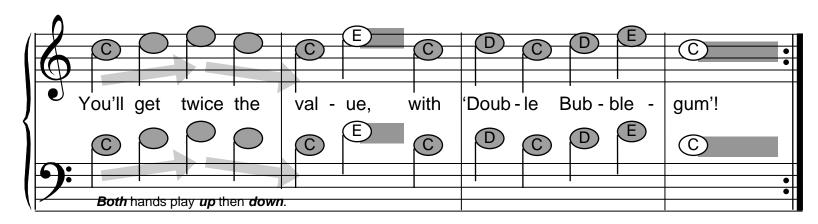
Practice each hand **separately** before putting them **together**.

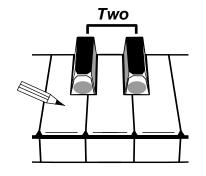
- **1.** Play, saying the letter-names (plus 'D-hold-no-stem!', etc.).
- 2. Play, singing the words.



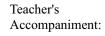






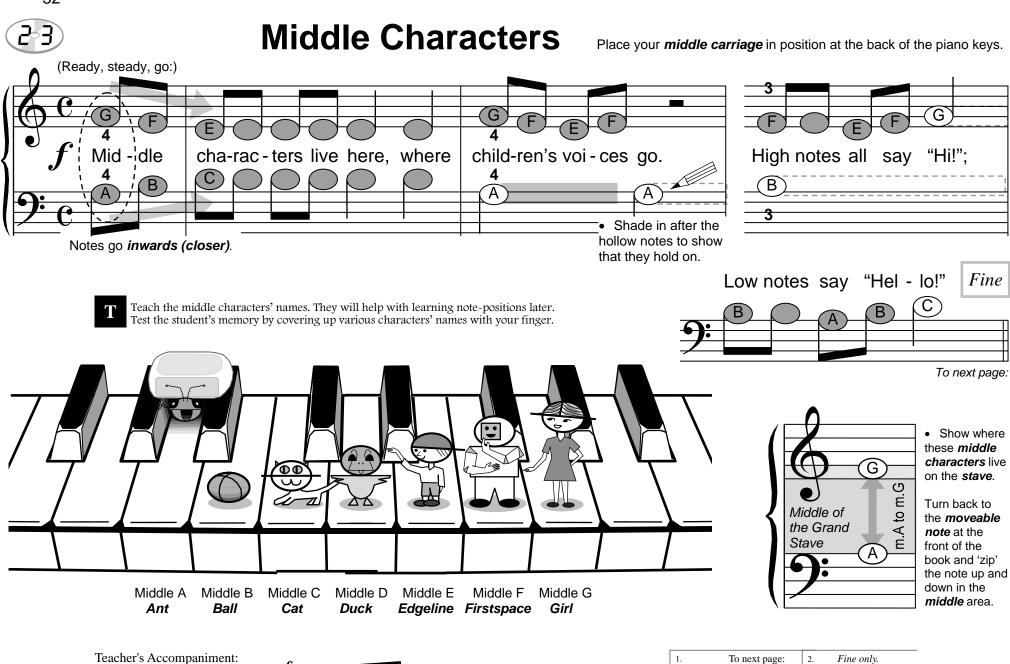


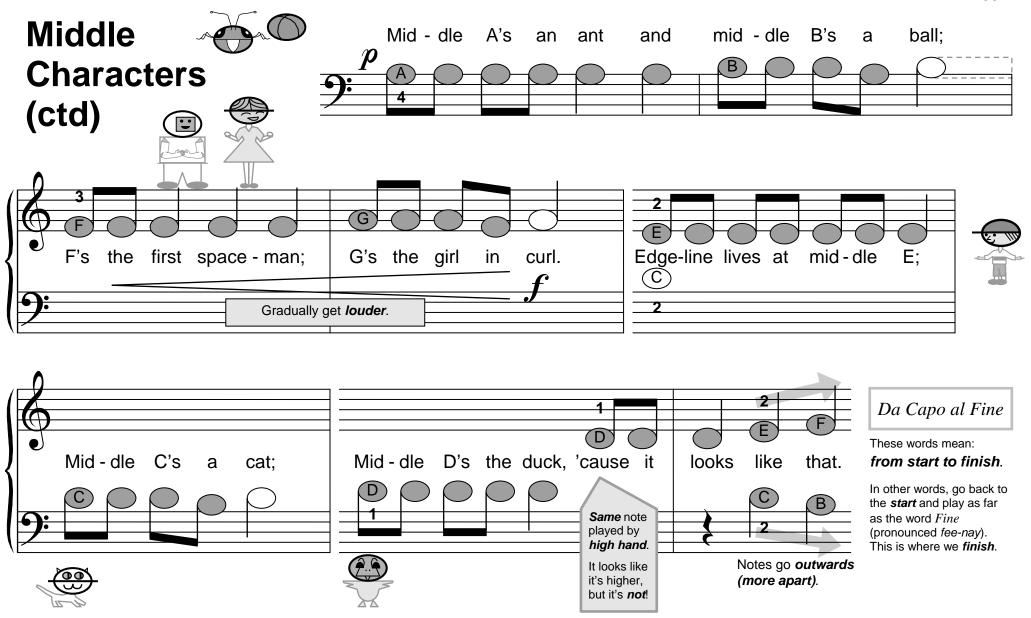
 Write in the letter-names for the white keys near the two 'eyes'. Use CAPITALS.





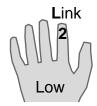
(Rea-dy, stea-dy, go:)



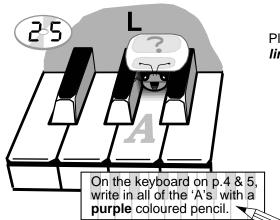




I'm Only an Ant



- 1. Chant the words.
- 2. Get ready to play.
- 3. Play, saying letter-names:
- ('L <u>A</u> A A <u>A</u> rest, A <u>L</u> L L <u>L</u>, . . .')
- 4. Play, singing the lyrics.



Play **all** the 'A's **upward** on your piano (the **first** white key after the **links**). Only **one** of these 'A's is for **Middle-A* Ant** - which one?

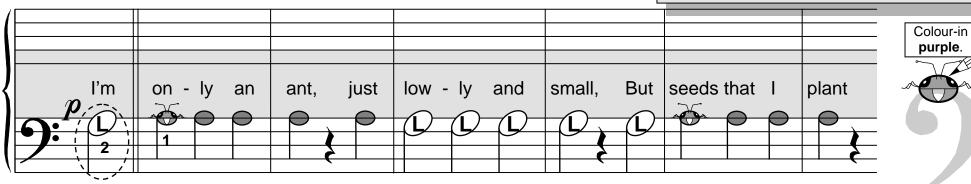
• Smaller notes without letters:

These notes will be for white keys.

The notes might stay the **same**, or they might **step up** or **down**.

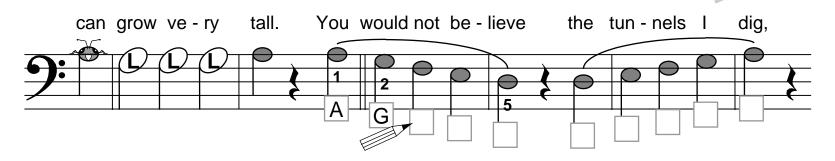
Note characters from the **middle carriage** will help you find the correct key to start on.

(Count me in gent-ly:)



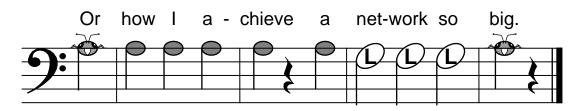
* The teacher is reminded to use the designation 'middle' to refer to all letters from A to G in the middle alphabet of the keyboard, not just middle C.

This conforms to The Keyboard Express's terminology for easily specifying the pitch of any note by its *register* and *letter-name*.



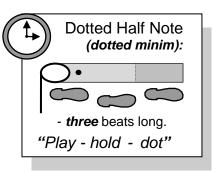
Teacher's Accompaniment:

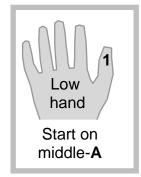


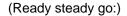


25 To Frogtown

Make sure you know which way to play downwards.



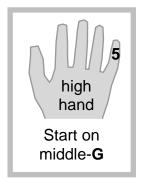


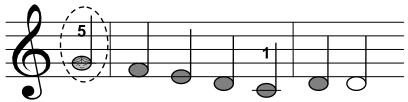




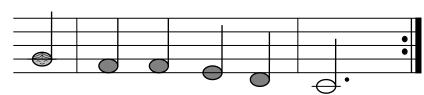
I'd like to know the way. And now I know the way.







Just take this down di - rec - tion. He took that down di - rec - tion.

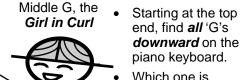


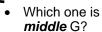
You'll make it there to - day. And with those frogs did play.

Orange.



On the keyboard on p.4 & 5, write in all the 'G's with an orange coloured pencil.





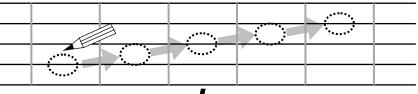
Teacher's Accompaniment:



Stepping:

- Next door white keys;
- Next door *fingers*;
- Next door *letter-names*;



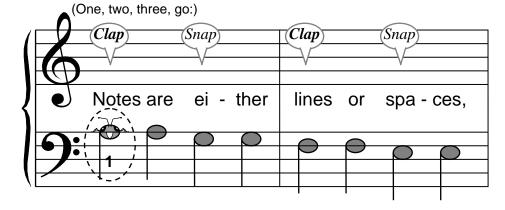


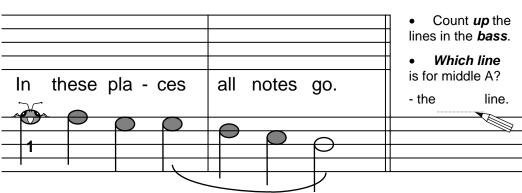




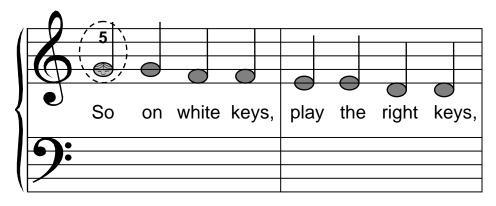
Lines and Spaces

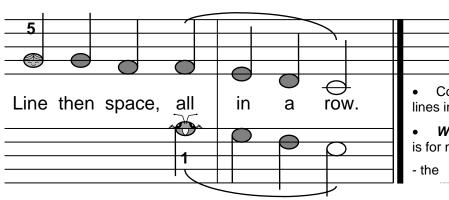






Line to Space to L..to...

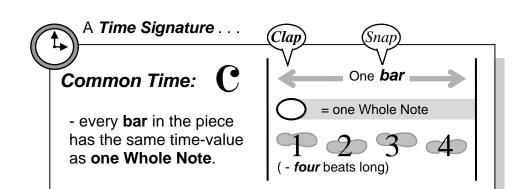


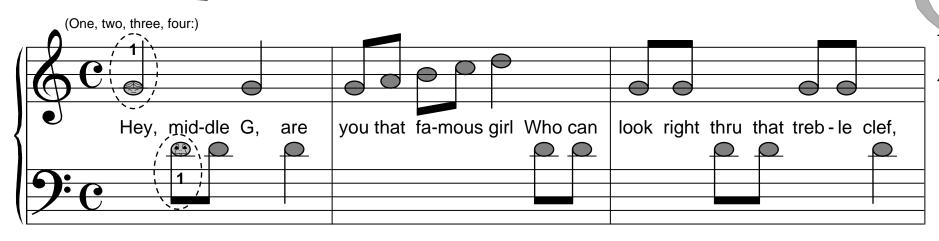


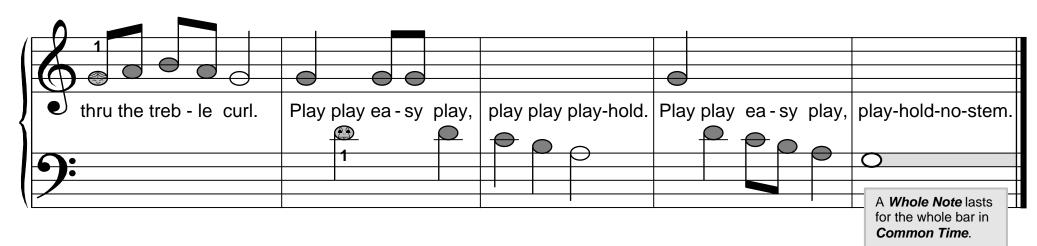
- Count *up* the lines in the *treble*.
- Which line is for middle G?
- the line.









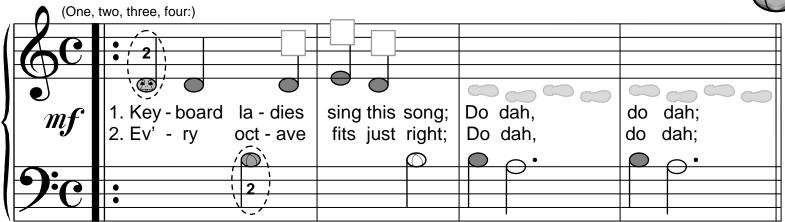


Keyboard Ladies

- Find all the 'B's on your keyboard (just **above** each group of three black keys). Start at the **top** end and play **downwards**.
- Which one of them is middle B (ball)?



On the keyboard on p.4 & 5, write in all the 'B's using a red coloured pencil.



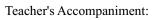


This dot goes *after* its note.

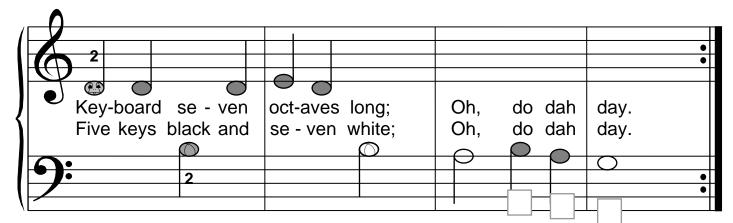
= a *longer* note.
Hold it down for 3 beats!

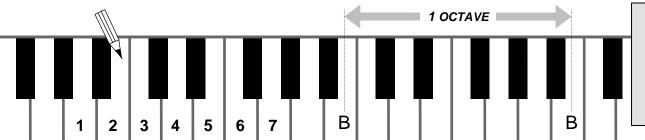








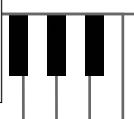




An **octave:**

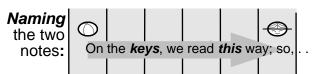
 the distance from any key to the same key in the next carriage;

(Choose two keys an octave apart, and play them together. How do they sound?)



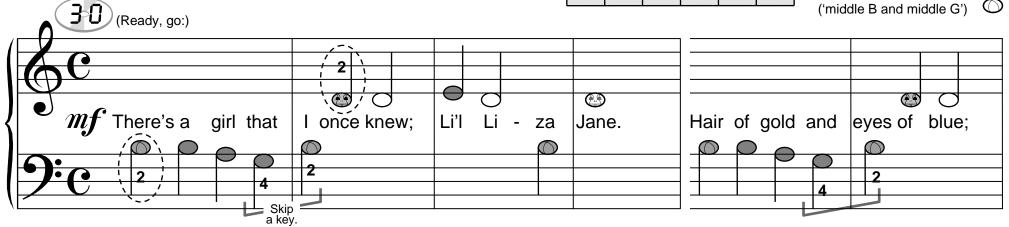
• Colour-in all the 'B's red.

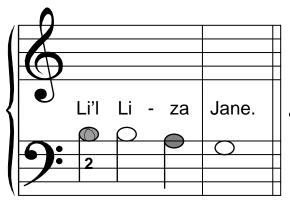
Li'l Liza Jane - with two notes played together.

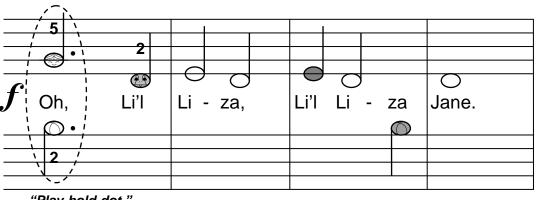


on the staves, we should read the notes upwards. ('middle B and middle G')



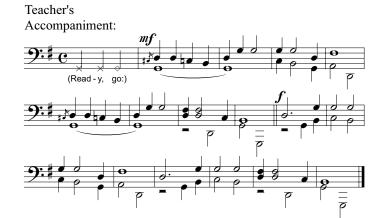


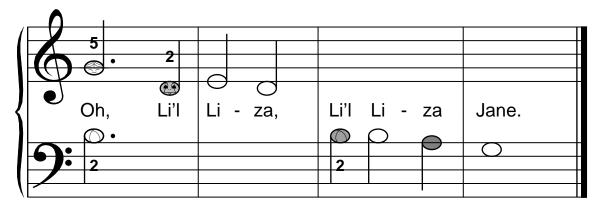






"Play-hold-dot,"

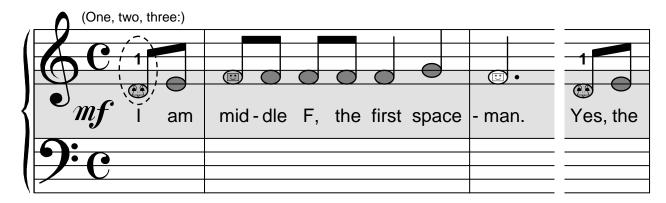


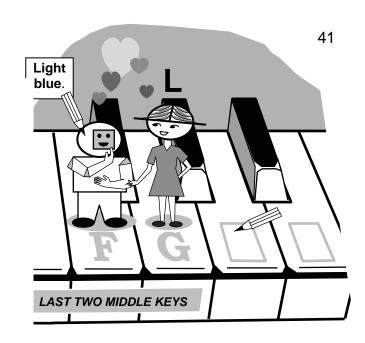


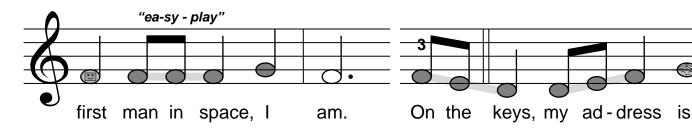


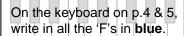
First Spaceman

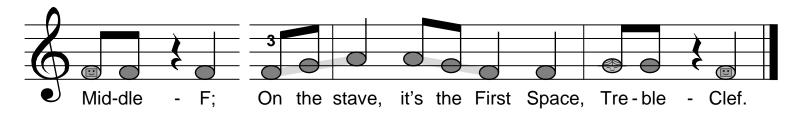
- Play all the 'F's upwards on your piano (just below each group of 3 black keys).
- Which one is middle F?

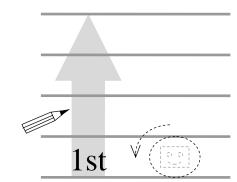












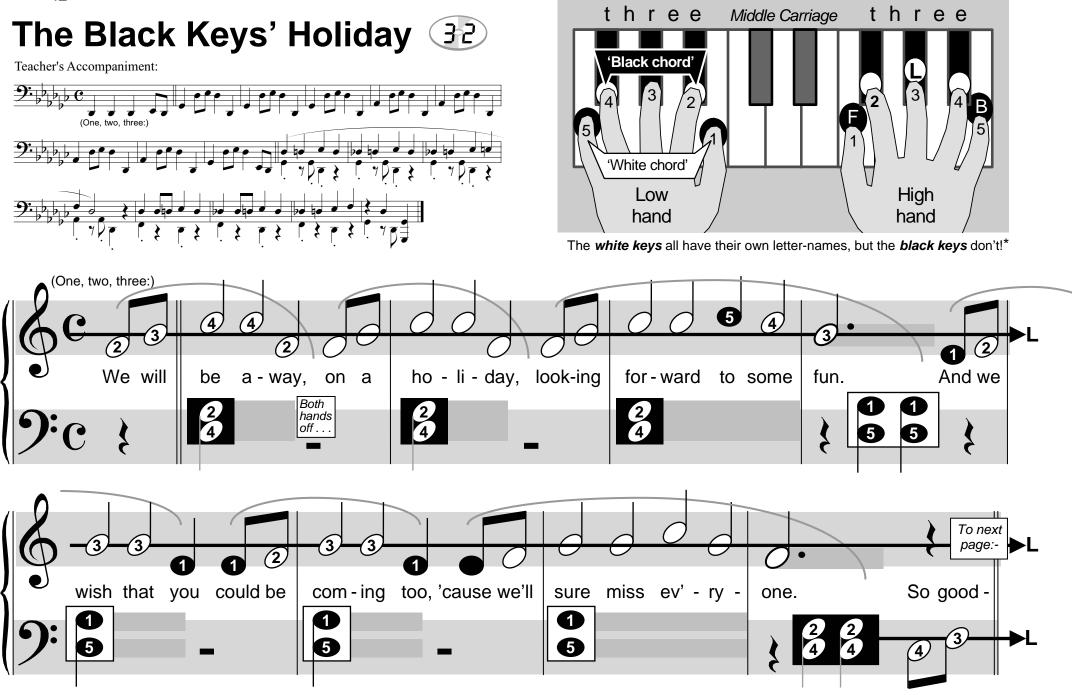
Ask the student to show the note position for *middle F* with the *moveable note*. Point out that this character has 'grown' a bit - from the middle area between the staves, up into the *1st space* of the treble; and that is why he is called *First Spaceman*.

- Number the 4 spaces upwards.
- Then trace the face in a space, and draw 3 more space-notes.

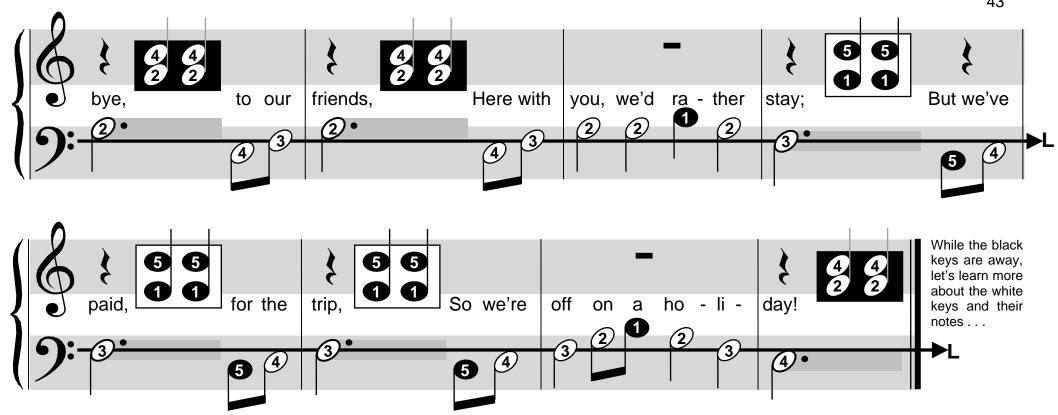
Space-notes go **between** the lines.

Teacher's Accompaniment:





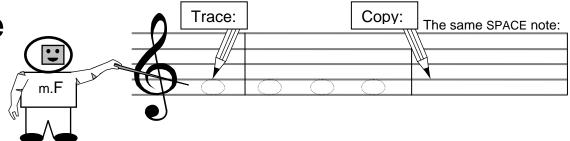
^{*} The term *link* (L) is only a *nickname*. Each *black key* is actually named by its nearest *white* key, and is called *sharp* if it sounds *higher*, and *flat* if it sounds *lower*. So a black key really has two *different* names! The *link* can either be called *G sharp*, since it sounds a bit *higher* than G; or *A flat*, since it sounds a bit *lower* than A.

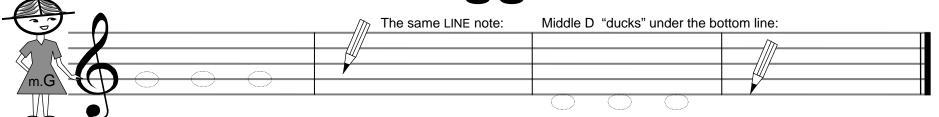




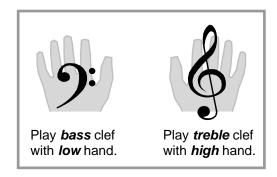
All ordinary notes on a stave belong only to the *white keys*! These notes go *in the spaces* or *on the lines* of the stave.

• Trace and copy these notes.



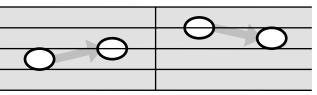






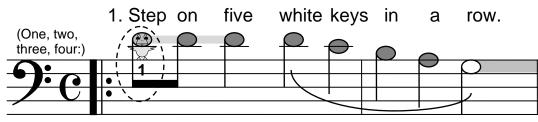


- Next door white keys;
- Next door fingers;
- Next door letter-names;
- And **next door notes**:



space to next line . . . or . . . line to next space.

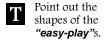
Using the *moveable note* at the front of the book, show how the note *steps* from a *line* to a *space* to a *line*, etc.

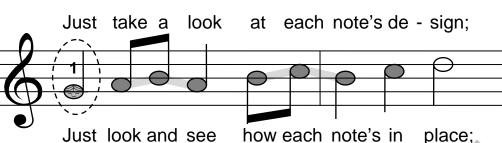


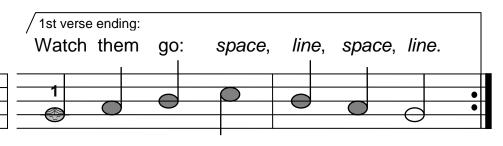
2. Step-ping means play white keys next door.

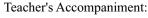


These are the keys that the notes are for.

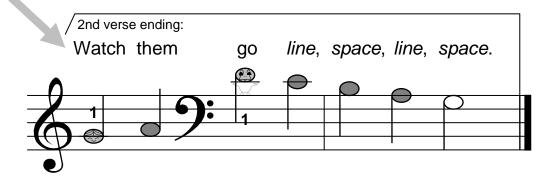








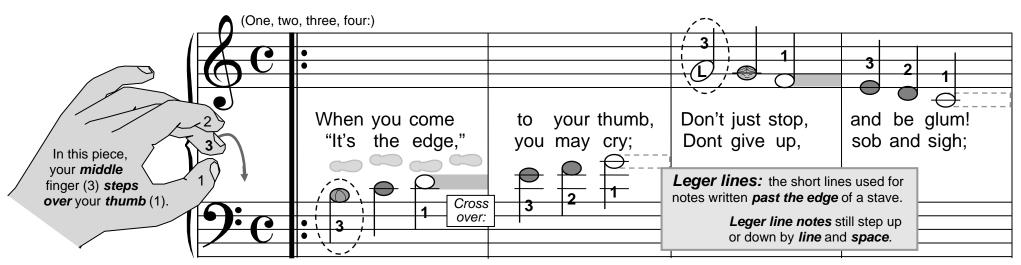




Just Step Across

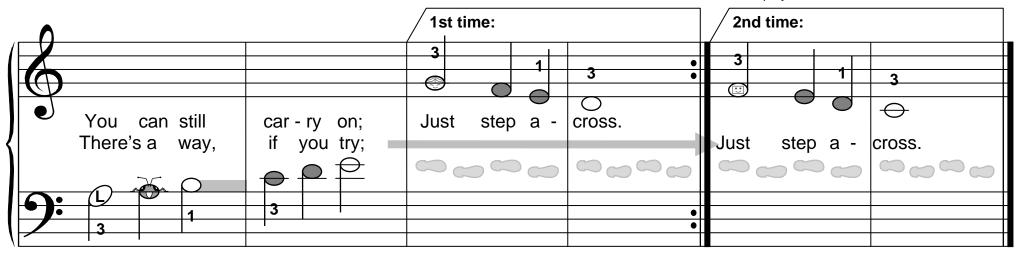
All within the *middle carriage*.

- 1. Play, saying *letter-names*.
- 2. Play, singing the *lyrics*.
- 3. Play, counting the beats.



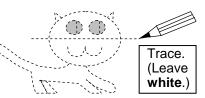
• 1st and 2nd time endings: First time, play the 1st time bars, then go back for the repeat.

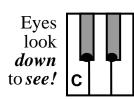
Second time, *miss out* the *1st time* bars and play these *2nd time* bars instead.



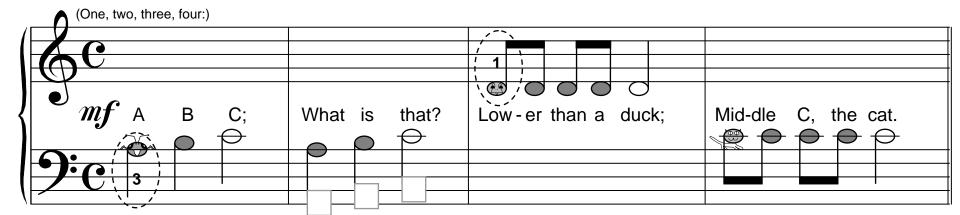


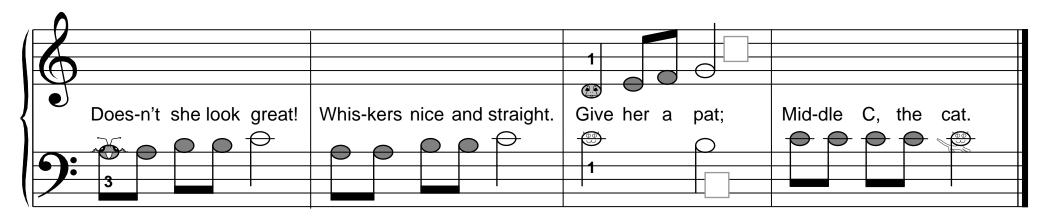
35 See the Cat!



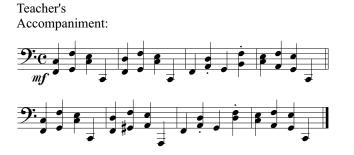


- Find all 'C's on your piano keyboard just **below** each **two**-black-key group. Play them from lowest to highest.
- Which one of these is *middle* C?





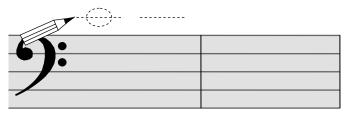
Middle C is the 1st note *between* the bass and treble staves that needs a *leger line* (the cat's *whiskers*).





On the keyboard on p.4 & 5, write in all the 'C's with an ordinary lead pencil.

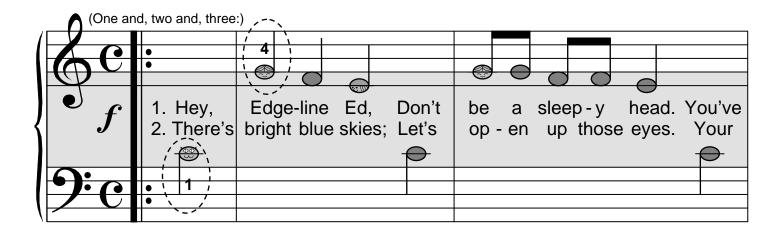
• Trace and then copy the note middle C. Draw the *leger line* first, then the *note*.

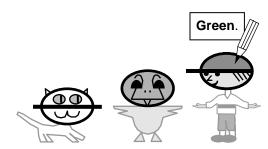


Edgeline Ed

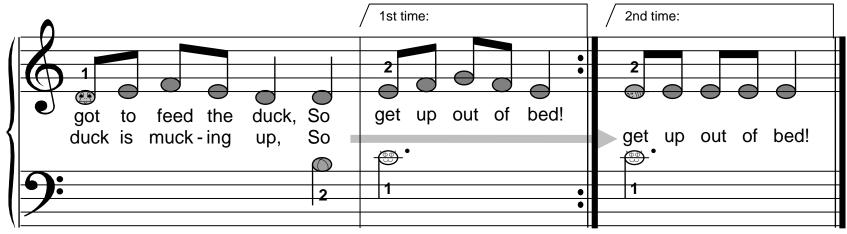
- Find all 'E's on your piano keyboard just above each two-black-key group. Play them from highest to lowest.
- Which one of these is *middle* E?







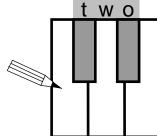
Middle C Cat is *lower* than the duck. Edgeline is *higher* than the duck.

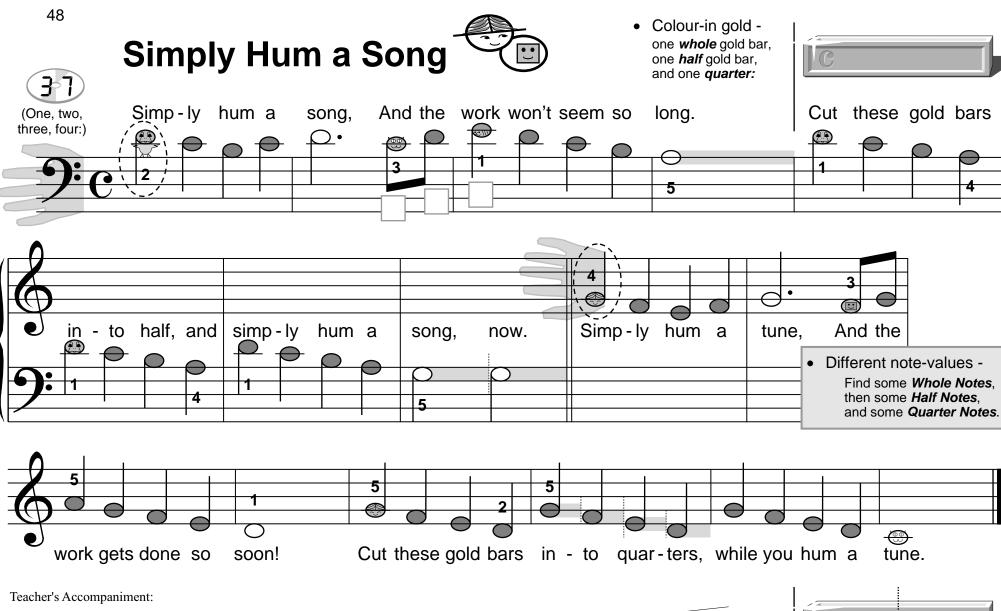


 Write the letter-names (CAPITALS) on the 3 white keys near the 'eyes':

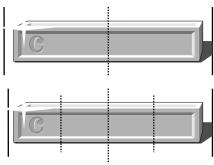


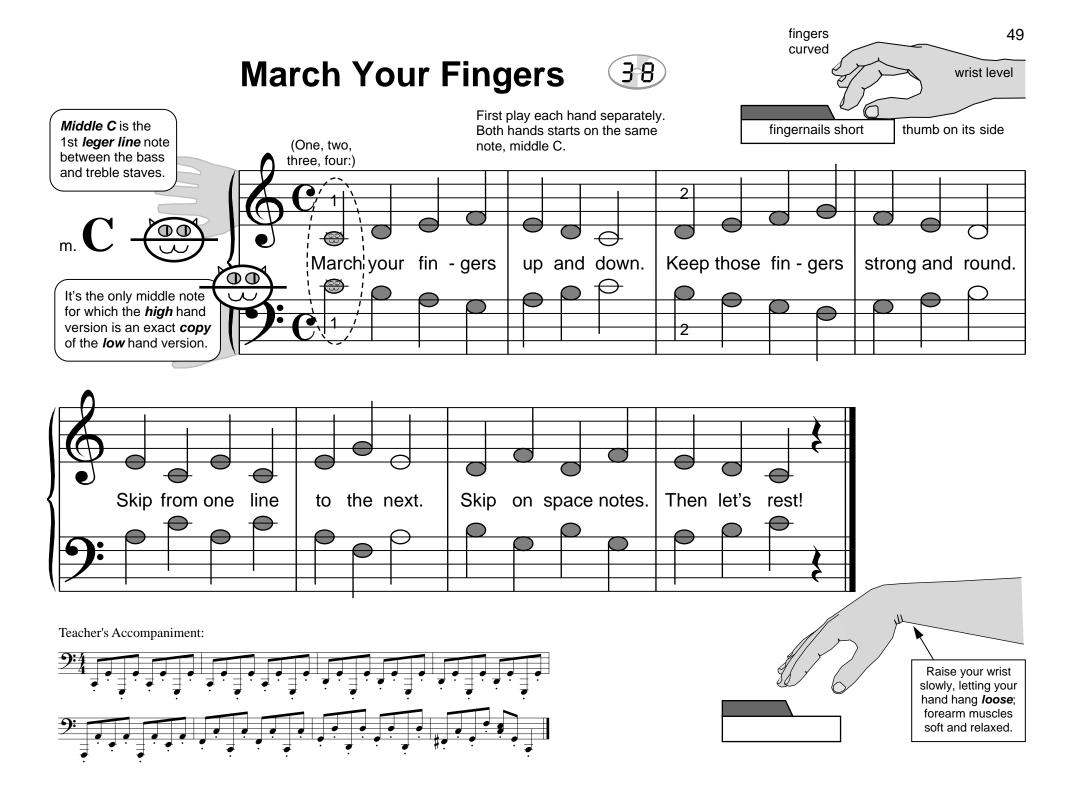
On the keyboard on p.4 & 5, write in all the 'E's in green.













Place your *three* carriages in position on the keys. The characters only live in the Middle Carriage.

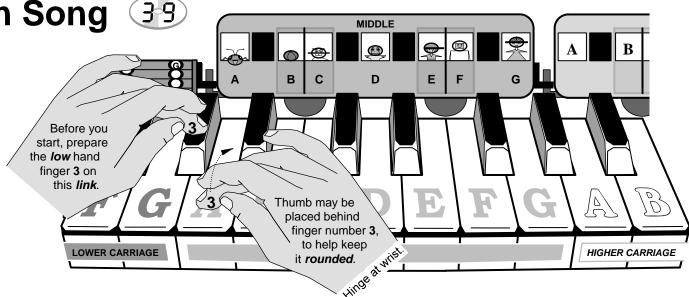
To learn this piece, don't look at each separate note, but the *pattern* they form in the phrases.

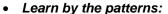
Your goal is to play all four verses by heart!

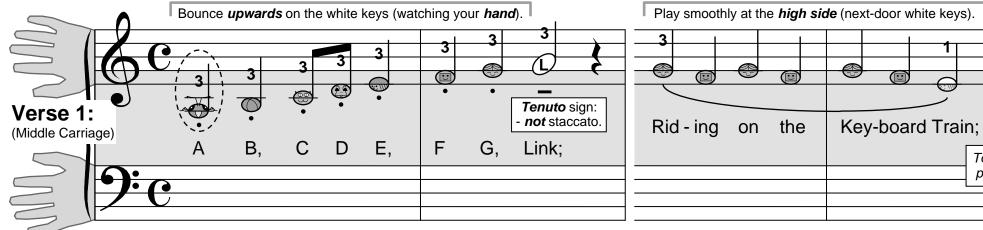


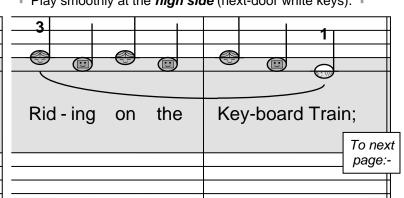
(May later be taught to student by rote.)

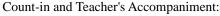




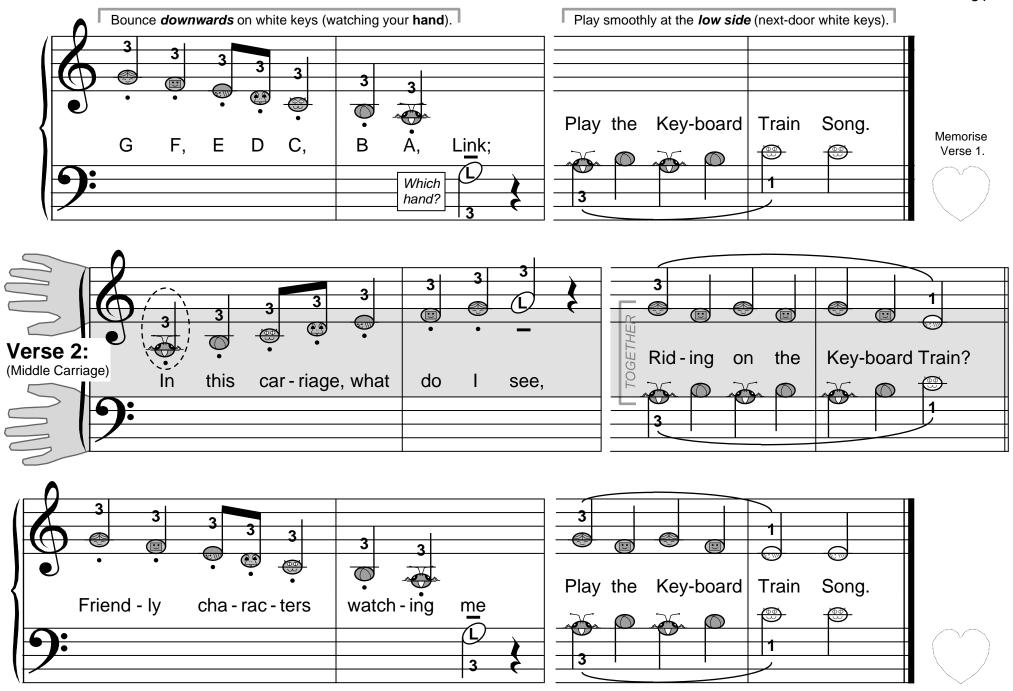




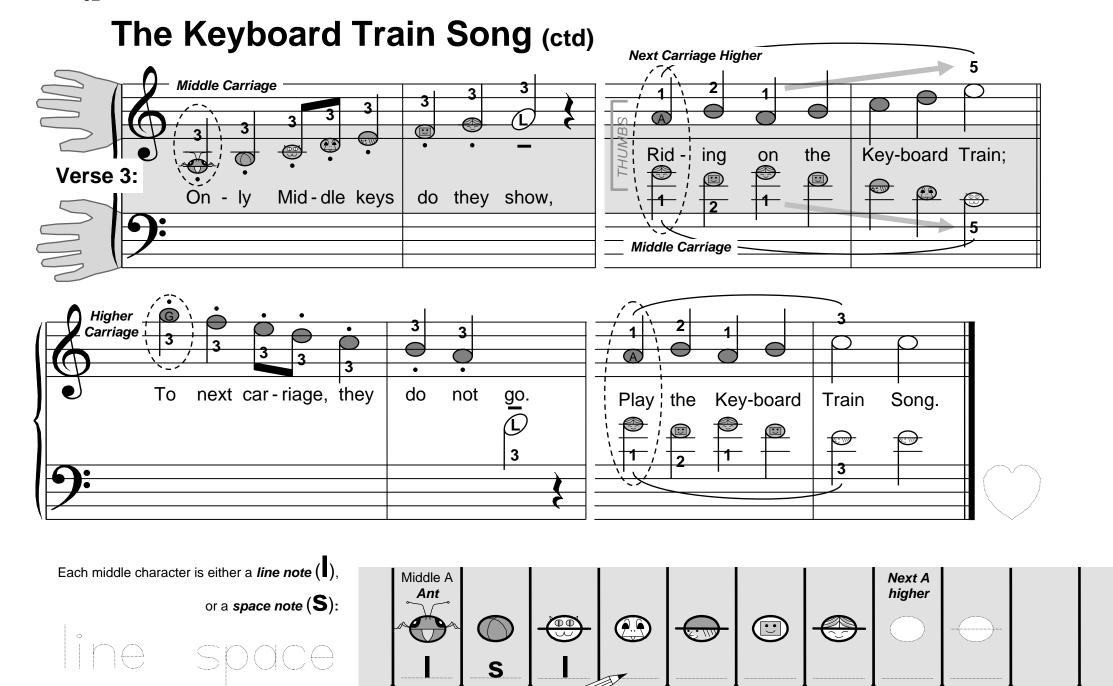


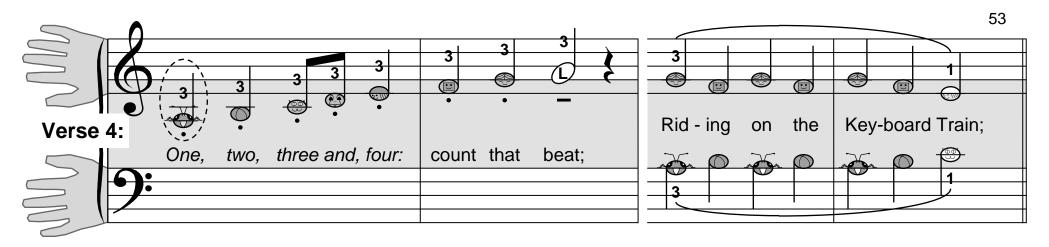


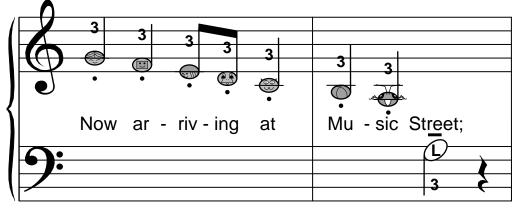


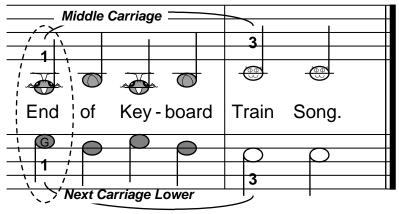


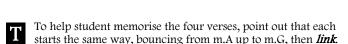
• Can you *name* all the *middle carriage characters*?











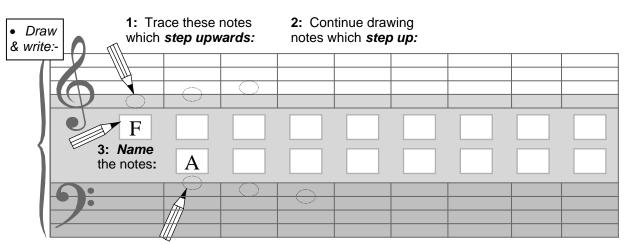
Also, while the student plays, the teacher can state the verse number and give the following verbal reminders at the appropriate time:

- V1: hands 'separately' (Also, 'train' is thumb.)
- V2: hands 'together'.
- V3: 'thumbs' and 'high'.
- V4: 'together' and 'thumbs' (or half like V2; half like V3).

A Suggested Ensemble Performance:

If extra keyboards are available, up to four students can perform this piece together as a *round*. When the first student is up to the start of verse 2, the second student enters with verse 1, and so on. Set a different registration on each keyboard.

The teacher plays the same accompaniment on the piano for each verse (p.50). All players end together, with a *ritenuto* at the *fine*.



4: Trace and draw notes that step **downwards** then carefully **name** them:



- **1.** Play, saying *letter-names*.
- 2. Play, singing the *lyrics*.

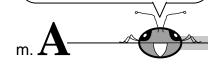
(without note characters being inside):

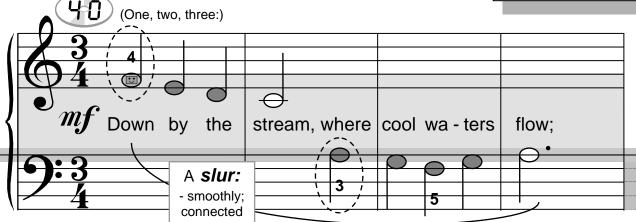
• Learning note positions

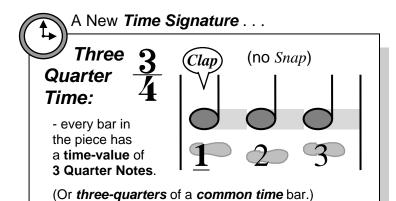
3. Play, counting the *beats*.

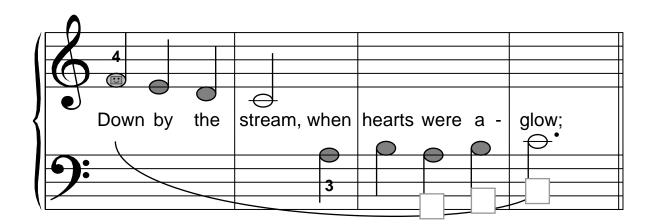
Middle A is the **lowest** of the middle carriage notes.

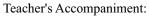
So it is usually drawn in the **bass**, and goes on **this line**.



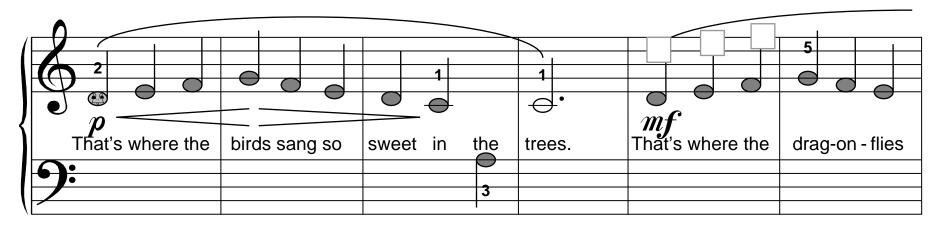


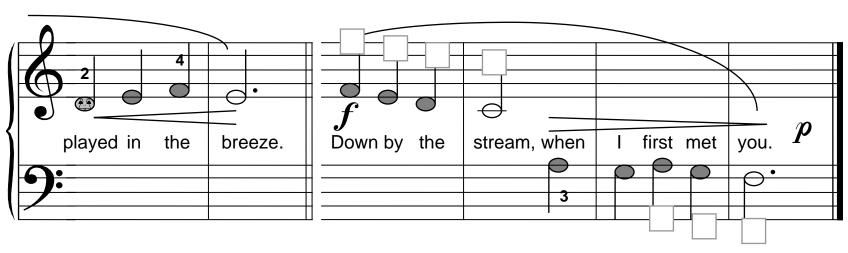


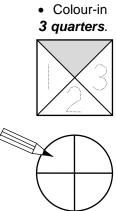


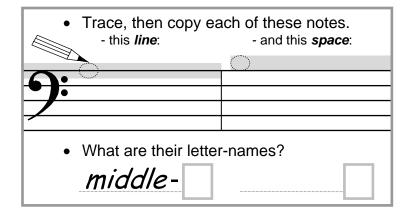












How to Read Fractions:

Top number = how many:

Bottom number = what kind:

1 one 2 half

2 two
2 halves

4 quarters

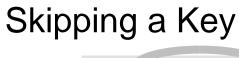
3 three

 $\frac{4}{4}$?

 $\frac{3}{2}$?

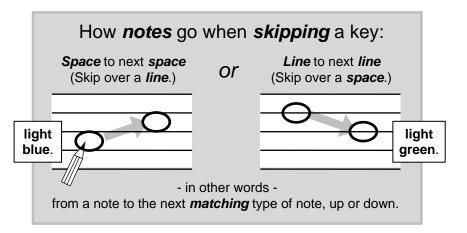




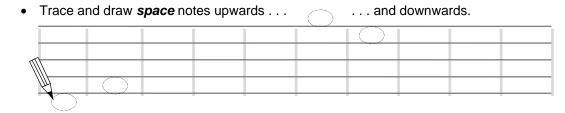


Stepping means playing next-door white keys up or down. But if we skip over a key, we usually also skip one finger.
In each box, write the letter-name for that white key. Miss out the letters between. Play and say them on your piano.

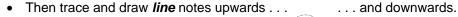


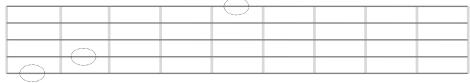


 Also practise playing and saying them downwards.

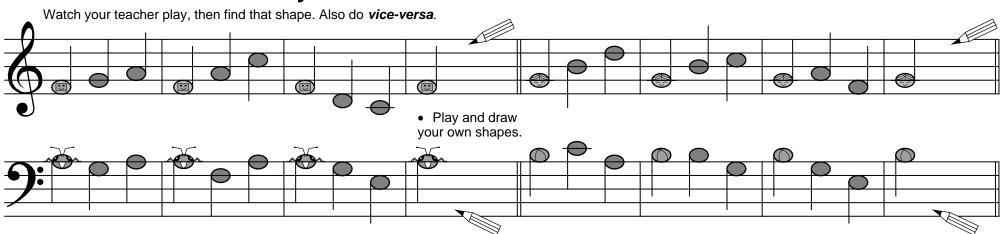


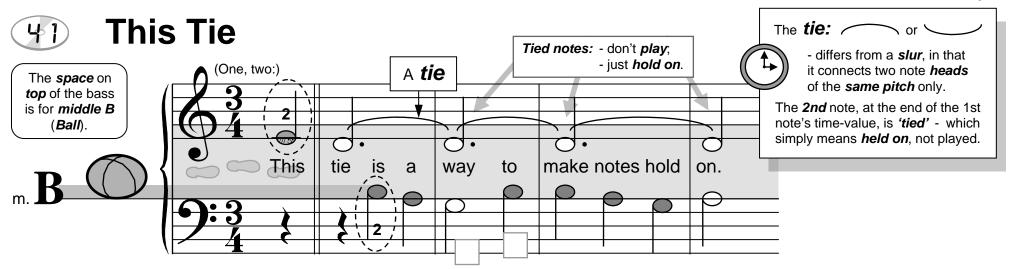
T Use the *moveable note* to demonstrate how skips have *matching* types of notes.

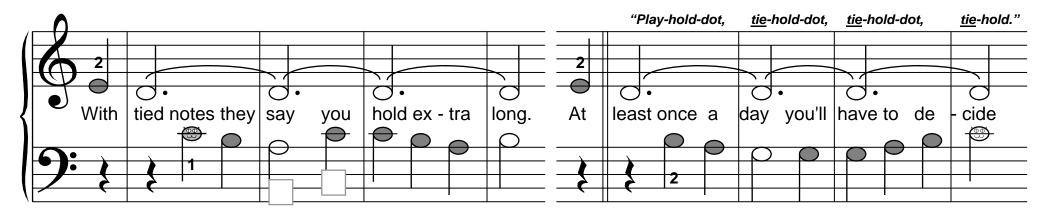




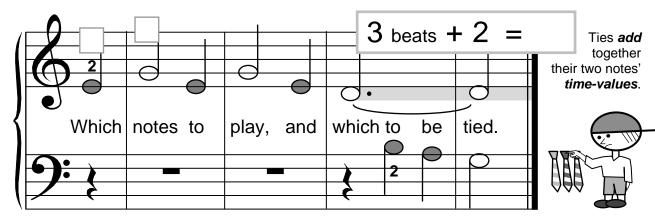
Which Bar Did I Play?





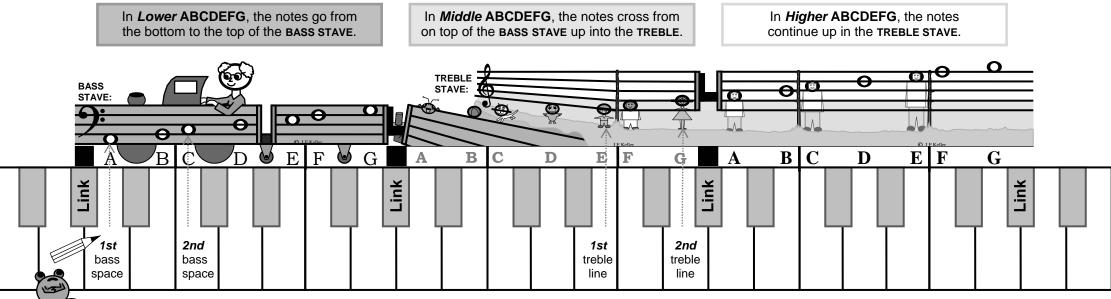






Flip the three Keyboard Carriages over, to make ... the Keyboard Note-guide

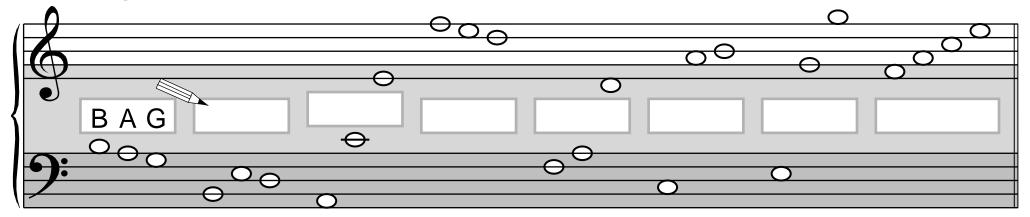




- On this page, colour the **4 bass space notes** and their keys **light blue**.
- Then colour the 5 treble line notes and their keys light green.

Naming Notes

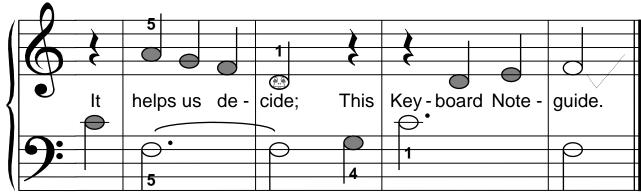
For each note, see whether it is in the BASS or TREBLE STAVE then look for it on the **Keyboard Note-guide** above. Carefully notice which **space** or **line** the note is on.



• On your piano: Play and name any white key in the three carriages. Look at its note on the Keyboard Note-guide. Match this note position with the moveable note.

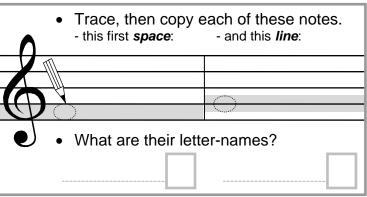


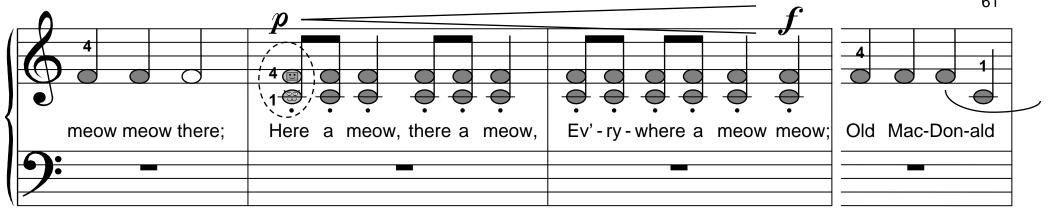


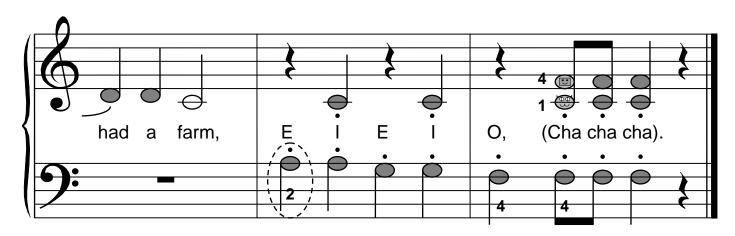


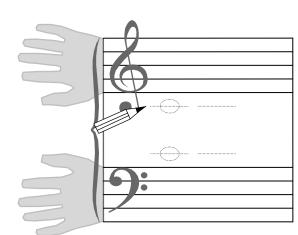












• Trace and copy middle Cs for the high and low hands.

Always draw the *leger line* first, then put the note on it.

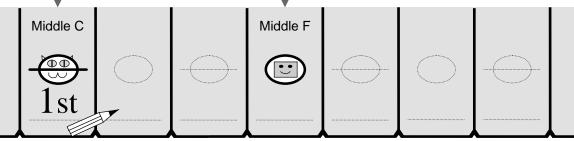
An *interval:*

- the distance between two keys.

To *measure* the *interval* between any two notes:

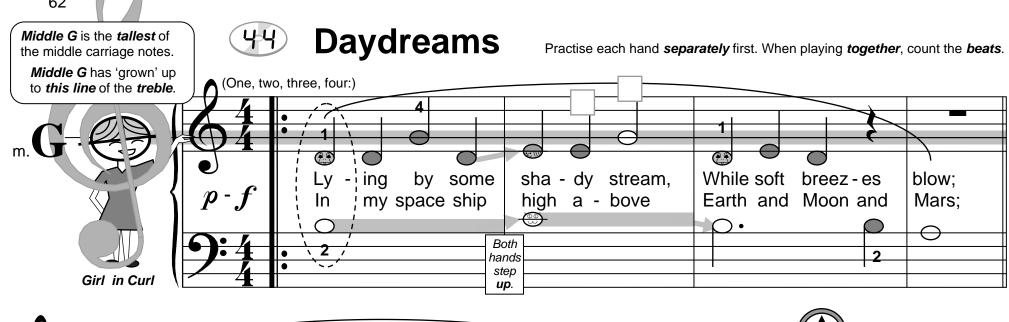
- Call the lower note the 1st (number 1);
- · Count up to the higher note (both lines and spaces).

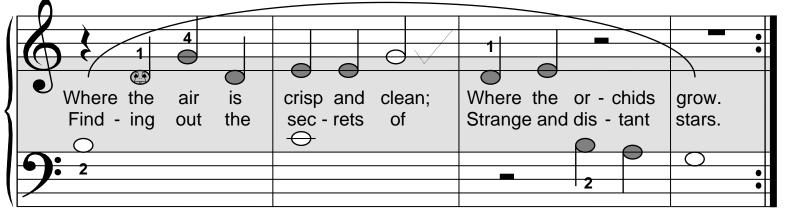
What is this *interval*?



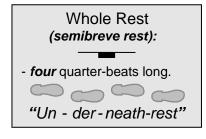


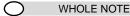
• Write the *numbers* (2nd, etc.) on these white keys. The *interval* from C to F is called 'a 4th'. This is a short way of saying that if **C** is named as the *1st* note, then **F** would be the *4th* note.



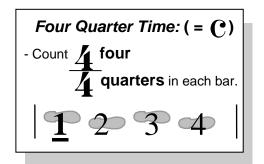


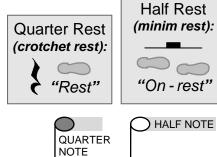
There is a *rest* of the same time-value as each kind of note.

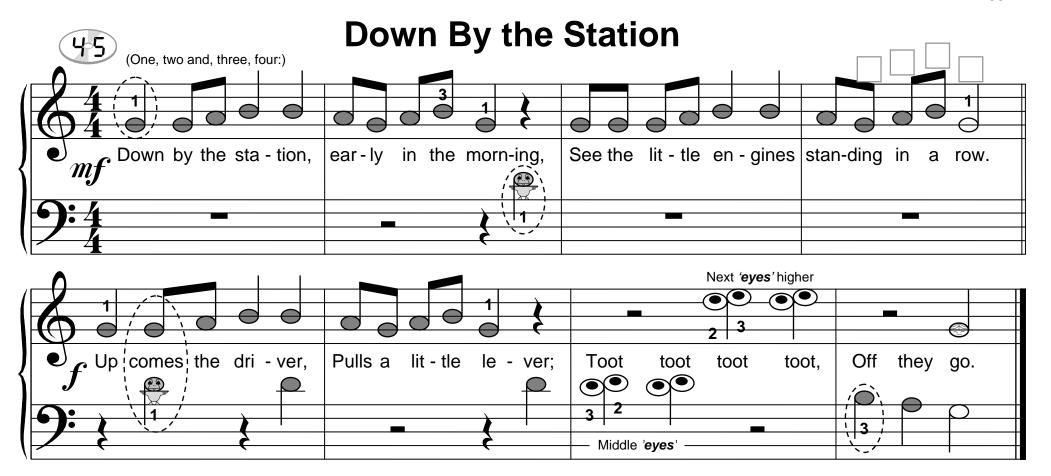


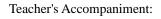




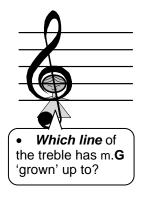




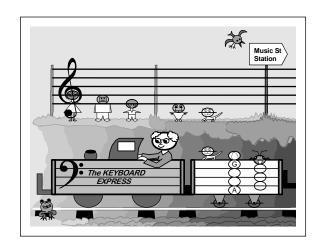








- the ____line.



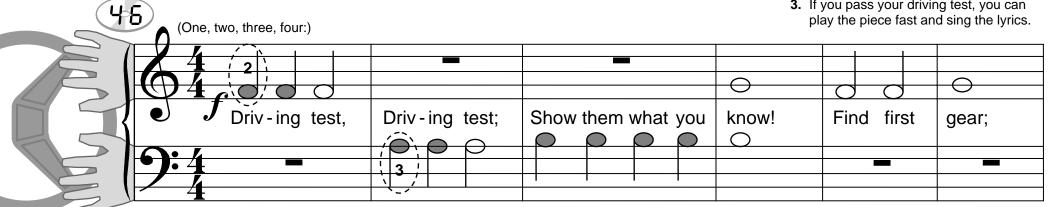
Driving Test

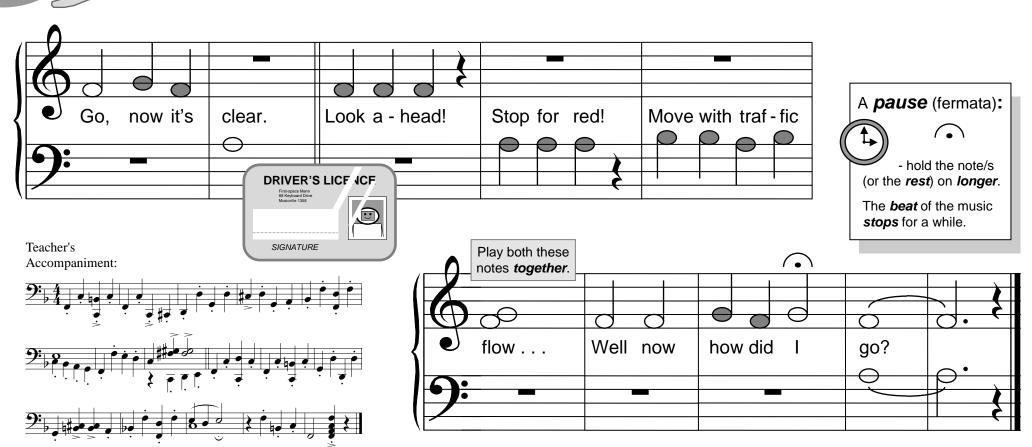


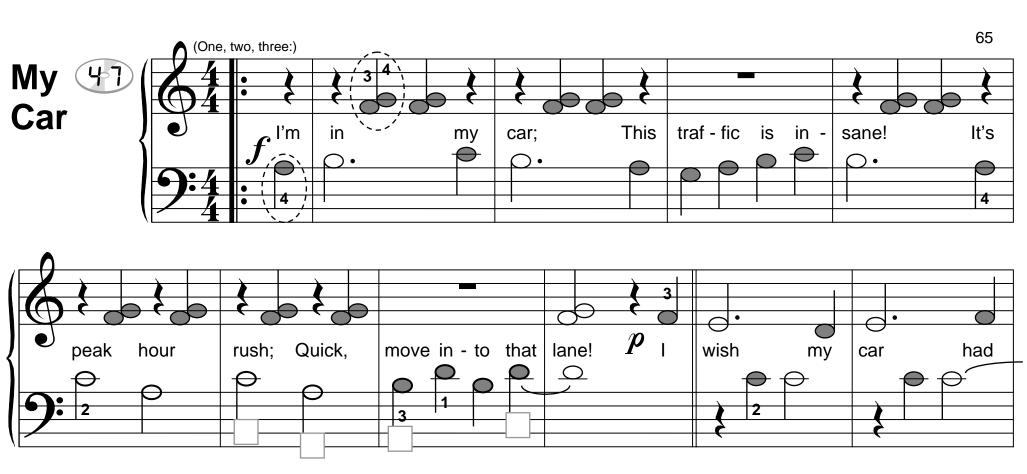
Use only these four *middle* notes.

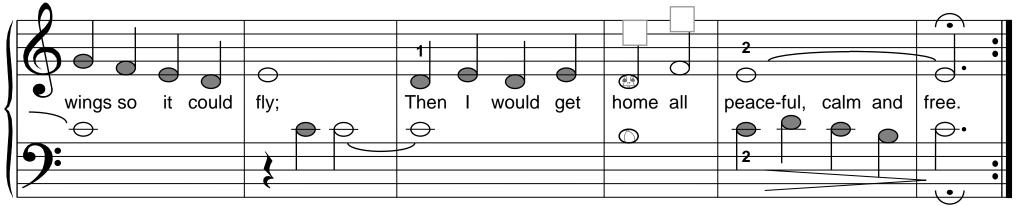


- 1. Play, saying the *letter-names*. For notes played together, say "play".
- 2. Play, while counting aloud - four quarter beats in every bar.
- 3. If you pass your driving test, you can





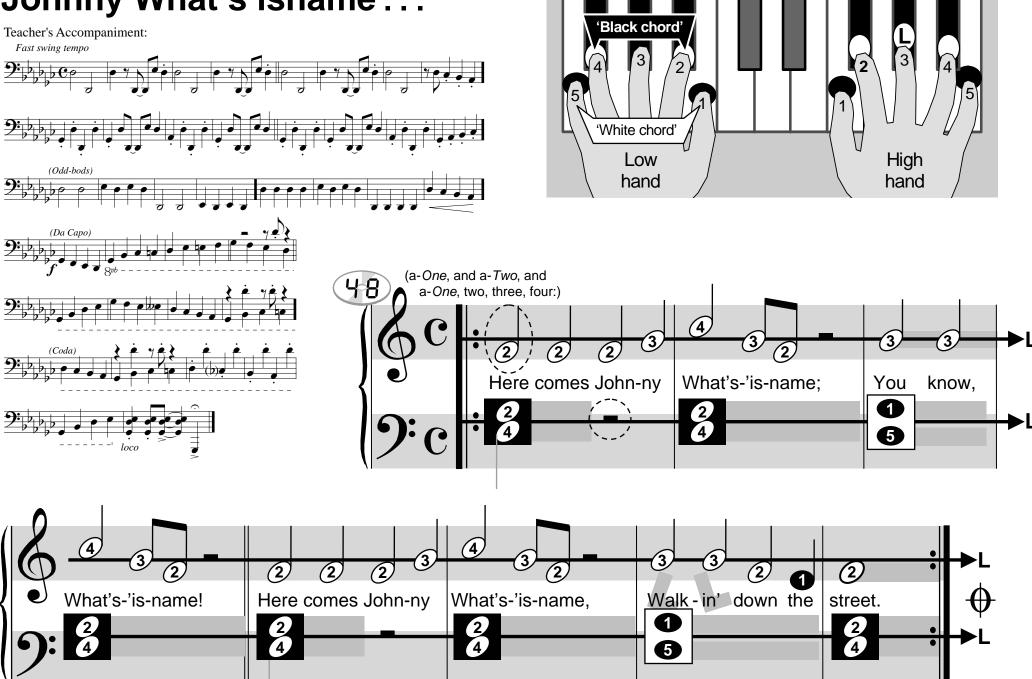




Teacher's Accompaniment:



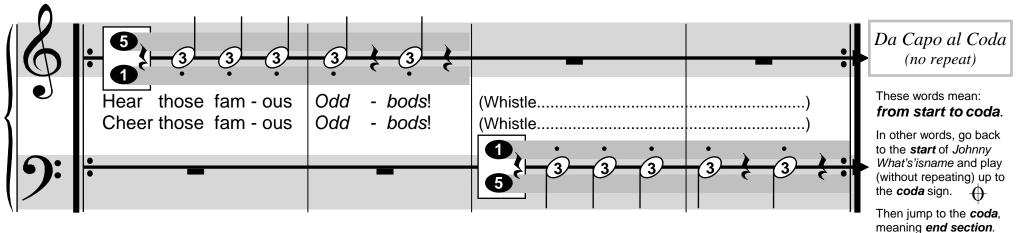
Johnny What's'isname...

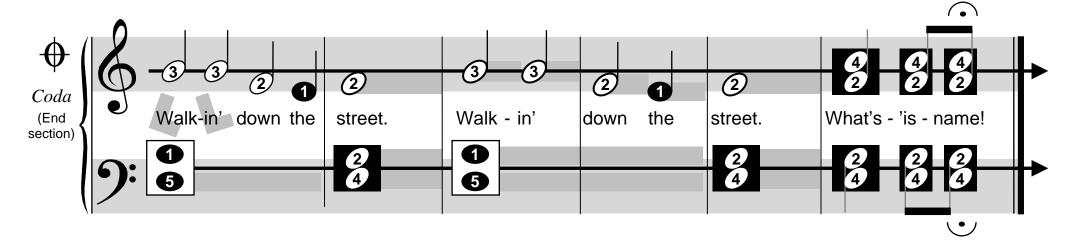


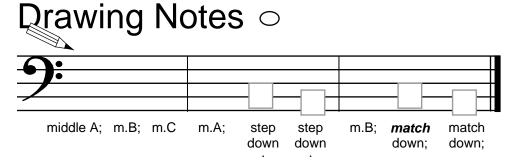
Middle Carriage

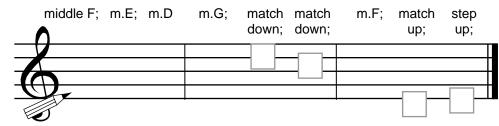








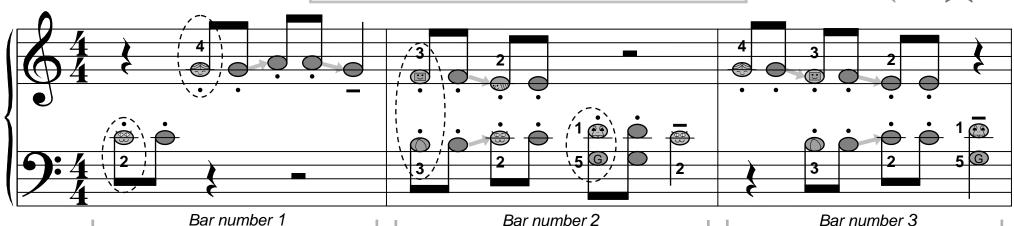








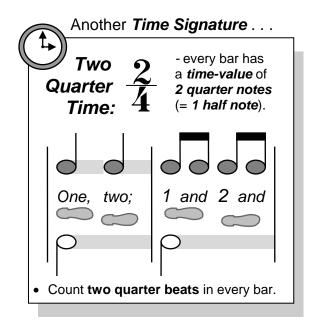




• To finish the tune, play the bars again, but in a different order! Next comes bar number

, then bar number , then bar number .





Drawing Notes on the Grand Stave:

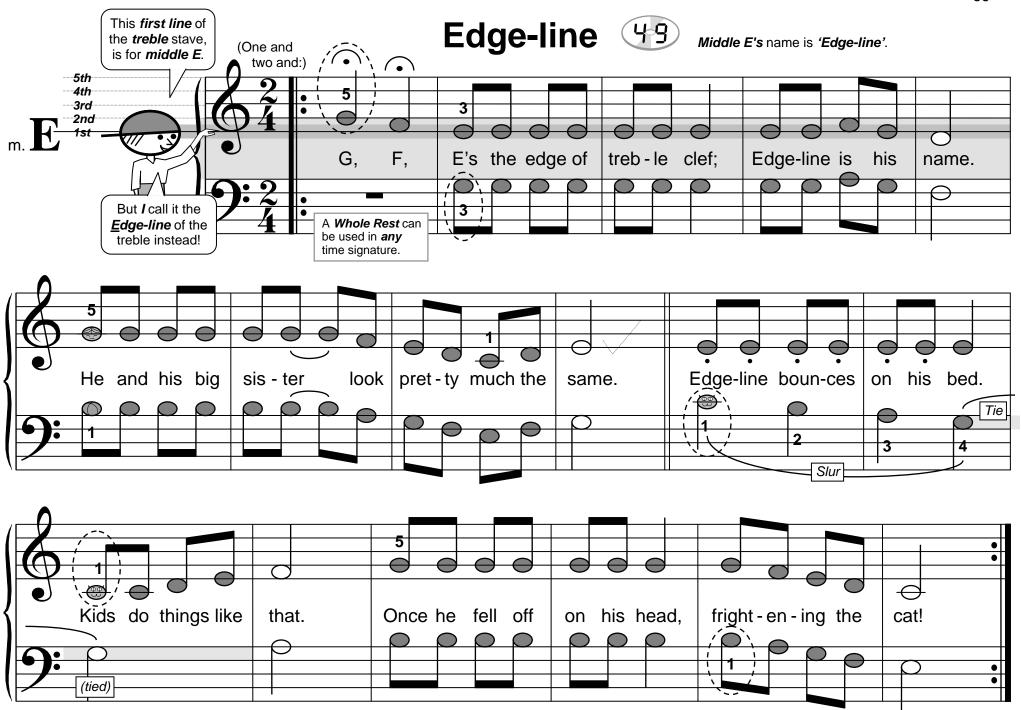
To learn note positions on the staves, it is helpful if the student now draws notes on manuscript (large size).

The teacher plays three or four notes, using as starting points m.A & B for bass clef and m.F & G for treble clef.

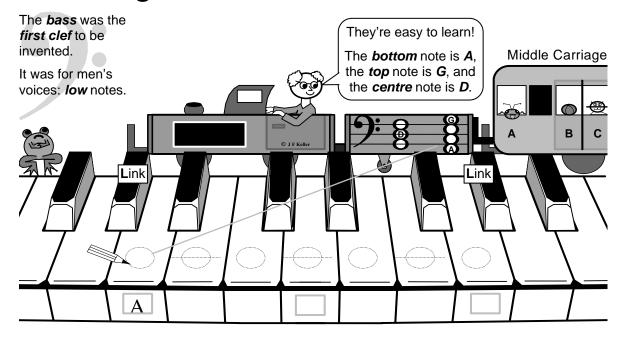
The student plays these notes, names them, then draws them as *whole notes*. Do a little of this at each lesson.

"Edge-line" (opposite page) - Teacher's Accompaniment:





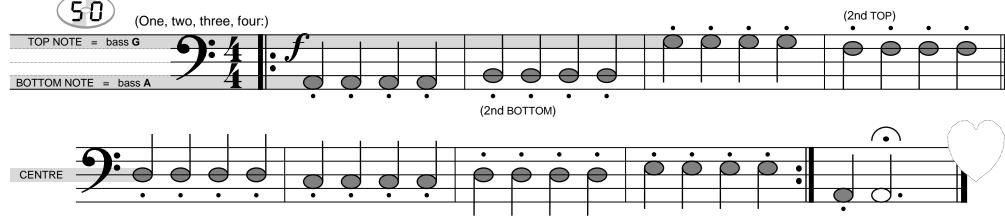
Learning Notes *Inside* the Bass

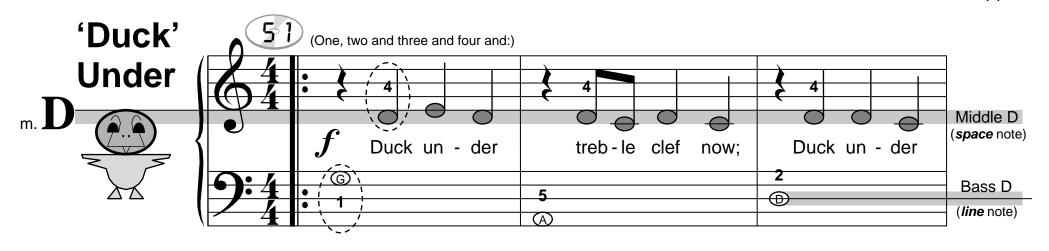


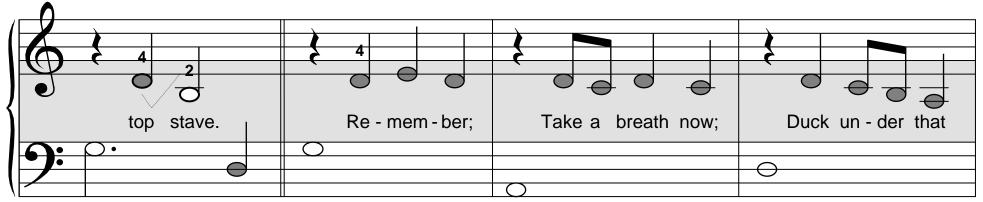
Freight Train Bass-line

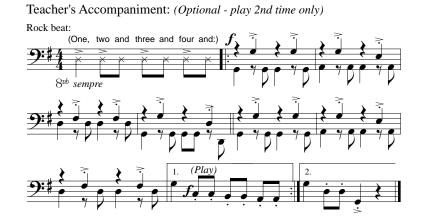
Give the *count-in*, then *count aloud* for the whole piece: *four steady beats in each bar*.

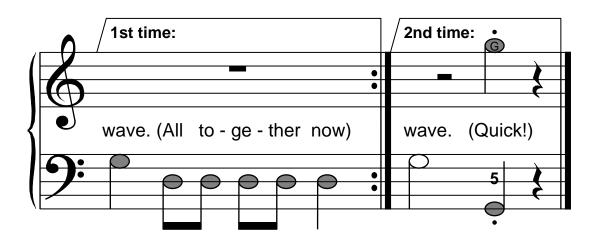








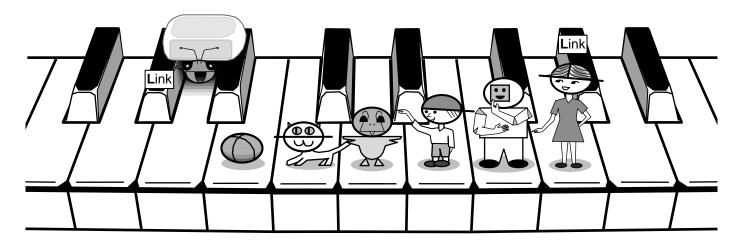




Certificate of Achievement

This is to certify that

has successfully completed **The Keyboard Express, Book 1** and is hereby eligible for promotion to **Book 2**.



Teacher's Signature: Student's Signature: Date:

The Keyboard Express



CD Track Numbers

123 4 5678901234567890	Blackbirds Bullfrogs Chords for Blackbirds and Bullfrogs Duet: Blackbirds and Bullfrogs Top and Bottom Stave Taking Sides Merrily We Ride Along One-thumb and Tutu Hot Cross Buns! Middle Riddle Missing Links Train on Platform Music Alphabet First Two White Keys Which White Key is Last? Bass Clef Treble Clef Changing Carriages Secret Disguise Tap and Rap	222222222333333333777777777	What's That Hiding? Double Bubblegum Middle Characters Baker I'm Only an Ant To Frogtown Lines and Spaces Middle G the Girl Keyboard Ladies Li'l Liza Jane First Spaceman The Black Keys' Holiday Stepping Just Step Across See the Cat! Edgeline Ed Simply Hum a Song March Your Fingers The Keyboard Train Song Down By the Stream This Tie This Keyboard Note-guide Old MacDonald (Cha cha cha) Daydreams Down By the Station Driving Test My Car Johnny What's'isname
		49	Edge-line
		50	Freight Train
		5 1	'Duck' Under

The KEYBOARD EXPRESS by John F Keller

This beginner piano method may be used with children aged from about six to ten, who can recognise numbers and letters. With a unique approach, *The Keyboard Express* . . .

... starts with *high* and *low* (rather than *middle*) sounds, showing clearly how the top and bottom *staves* correspond to the right and left sides of the keyboard, and to the two hands.

... introduces note *time-names* that can be used with or without pitch-names. A body percussion activity complements this rhythmic innovation, and 'count-ins' for each piece lead readily to counting time.

... presents the white key letter-names in the *symmetrical* keyboard units **ABCDEFG**, rather than by starting from C.

... features *note characters* which bring the notation to life and enable students to easily find the starting points for pieces in a variety of different hand positions and tonalities.

... includes the *grand stave note tester* (at the front of the book), and (at the back) the three "*keyboard carriage*" *keyboard guides*, plus a *CD* of all pieces in the book.

. . . contains appealing songs, a range of touches and hand coordinations including contrary and similar motions as well as melody with chords, and interesting accompaniments for the teacher. Some pieces are specially designed to be *memorised*.

About the author:

In addition to his music diplomas, John Keller has a Bachelor of Science in Mathematics and Physics and a Diploma of Education from Sydney University. After winning the inaugural Music Students Overseas Study scholarship, he attended Indiana University, USA, and was awarded a Master of Music with High Distinction in Piano Performance.



John's diverse interests in music and music performance cover classical, jazz and popular styles. An experienced professional performer of popular music, he has played in bands and piano bars and won the grand finals of many talent quests. As a classical pianist, John has given recitals for music clubs and radio, and performed numerous piano concertos with the Sutherland Shire Symphony Orchestra. He is also associated with this orchestra as their lead violist and regular guest conductor.

For eight years John directed, presented and conducted *Walk Through the Orchestra*, a series of orchestral concerts for children. The programs were popular with children and adults alike, and included orchestrations of some of his pieces to demonstrate his teaching methods.

The piano has always fascinated John. When he began lessons at the age of twelve, he had already experienced seven years of musical discovery, teaching himself to play by ear. In his early years as a piano teacher, the challenges presented by young students and less than adequate teaching materials led John to devise his own beginner method. Before long *The Keyboard Express*, with its unique introduction to the white keys in the symmetrical units A to G, was on its way. Since then, John's innovative teaching strategies have encouraged his students to develop a range of skills applicable to many areas of musical endeavour, and produced many talented amateur and professional musicians.