New July 2022
Hand Shape Exercises:

• Fingertips together, tap on lid, hingeing at the wrist.

• Hingeing at the elbow, drop or flop arm onto the lid.

• Press each finger against the thumb.
  (Keep nails short.)
Hand Placements

Sit in the centre.

notation for black keys

line note

space note

note stickers
Right on Line or Next to Line

Which side do we go this time?

Next to lines we call it space.

Notes can go in ei-ther place.

Play this side first.
Smoothly Step

Cling on! till each next-door key.

Stepping Means ...

Cling on!

Step with fingers 2 3 4.

centre of keyboard

Play this side first.

Smooth - ly step on group of three.
In this black key group of three, Which one is the special key?

Which key will be called the link?

Which key is it, do you think?

*Middle of 3 black keys is called the LINK*
Play this side first.

Line to Space

Line note goes to high side space.
Line note goes to low side space.

Stepping Up and Down

Step ping up and step ping down.
To the sky and to the ground.
Three Little Piglets

Three little piglets,
Playing this game.

"Pig in the Middle"
That’s this game’s name.

Both hands together, fingers the same.
Up above or down below.

Follow every where I go.

Over line or under line.

See which key to play each time.

Play this side first.
These lines are called link lines, for groups of three.

Links are what they point to, the blacks' most famous key.

Play this side first.
Black Keys Clefs

High keys, right side, Low keys, left side. Each side has its black keys clef. 

'Bird Clef' = high side. 
'Bird' clef, high side,
High keys, right side
Bird clef, high side,
Low keys, left side
Frog clef low.

'Clef' = low side. 
'Frog Clef' = low side.

Clefs just show which side to go.
Hands together: Close or wide, Close or wide, Inside, outside three line guide

Low hand goes the other way. (rest)

Three black key group, (rest)

Play this side first.
Play this side first

Stamp Each Foot

In - side threes, (rest) Natural keys.

Stamp each foot, Three times please.

Cling 3

Lift 2

Cling 3

Lift 3

Double natural keys inside threes.

Stamp with twos.

Lift 2

Cling 3

Lift 2

Cling 2

Stamp with threes.
Baby Panda

Ba-by Pan-da likes to play
On these pia - no keys each day.

Pan-das plays four nat-ural keys,
Then he plays black group of threes.

Four natural keys near each black group of three.
Under, over, down and up.

Under, over, down and up.

Left side, right side, bottom, top.

Frog side, Bird side, ground or sky.

Frog side, Bird side, ground or sky.

Bass or treble, low or high.

Bass or treble, low or high.
On these two black keys I play. Call them letters i and j.

i and j both have a dot. Dots no other letter’s got.
How many two groups are there on the keyboard?
Three-line Stave

Three-line stave just for black keys, Line for twos and lines for threes.

Three-line Guide

Three-line guide at back of keys, High and low and middle keys.
(Verse 2) If I only had my way, I’d eat ice cream every day.

To the teacher:
The student first plays with the page vertical. Afterwards turn the page horizontal to sing the lyrics and play with the accompaniment.

Teacher’s Accompaniment:
Smiley Face

Centre-clef:
Place your 3-line guide at the centre of the keyboard.

(Verse 2) Where all kids' voices go, Not too high and not too low.

Smiley face, centre place.
Put your guide in

(Repeat)

Centre-clef:
Place your 3-line guide at the centre of the keyboard.

(Verse 2) Where all kids' voices go, Not too high and not too low.

Smiley face, centre place.
Put your guide in
I sit here,

Group of 2

Group of two,

Centre keys.

Centre of keyboard

In between these

Near these twos.

Each hand knows which keys to use.

I sit here,
This “Bird Clef”, Means your guide

Goes up high on right hand side.

Way down low on left hand side.

See Frog Clef.

See “Frog Clef”. Place your guide
Pick your socks up off the floor. Find more socks behind the door.

Put your clothes and toys away. Keep your room neat every day.
7 Naturals

In between these links they go!

That's one natural alphabet.

In side link lines, don't forget!

Seven naturals in a row.

centre of keyboard

LINK

centre of keyboard

LINK
Centre Alphabet

A B C D E F G, That's seven white keys in a row.

Centre alphabet is special. That's where children's voices go.
D, Duck Under

D's this key where we begin. Where D goes I wonder.

Duck says “You can’t fence me in. I can just duck under.”
White Key Clefs

When your clefs are bass and treble, just play naturals, don't ask why!

White key clefs are bass and treble, clef for low and clef for high.

When your clefs are bass and treble, just play naturals, don't ask why!
Giant Ants!

Giant ants! On this wall, Rol-ling balls, As they crawl.
Cat and Duck and Edge-line

Cat and Duck and Edge-line, You all are very little.

Do not leave this playground! Please keep right in the middle.

Teacher’s Accompaniment:

Common time:
4 beats per bar

Add flash cards for middle C, D and E so as to complete the centre alphabet (A to G).
Cat With Whiskers, Ant and Ball

Cat with whiskers, Ant and Ball Crawl and roll on bass clef wall.

They stay in this centre place. Two are lines and one's a space.
The treble and bass staves are separated more, so as to show which hand will play. This means the C note can be in two places.

Low hand plays, High hand plays. Pat that cat two different ways.
My friends were playing hiding, They thought I would not find them.

But when I heard them laughing, Beneath my bed I found them.
Mary Had a Little Lamb

Mary had a little lamb,
Its fleece was white as snow.
Twinkle Twinkle Little Star

Twinkle twinkle little star, How I wonder what you are.

Up above the world so high, Like a diamond in the sky.

Now play the first section again.
On centre keys, we love playing games. Do you know all of our character names?
Ordinary Miracle

It's not that unusual, When everything is beautiful. It's just another ordinary miracle today.

The sky knows when it's time to snow. Don't need to teach a seed to grow. It's just another ordinary miracle today.
Part Of Your World

Look at this stuff, isn't it neat? Wouldn't you think my collections complete?

Wouldn't you think I'm the girl, the girl who has everything.

Look at this trove, Treasures untold. How many wonders can one cavern hold? Looking around you'd think sure, she has everything.
How many pairs are on the high side?
Put Your Socks On!

Put 1
your
socks
on!

Put 2
your
socks
on!

(Both hands together)

1 Both
of
you
put
socks
on
now!

Teacher's Accompaniment:

centre of keyboard

low hand

high hand

pair

pair
1: Pair of naturals on the right. That’s where treble clef will start.

2: Pair of naturals on the left. They go down here on bass clef.

3: Hands together we can play. Stepping out and in this way.

Teacher's Accompaniment:
All Links on the Keyboard

It's a race!
My timings:

Start on lowest link
Near these twos, three white keys. They are letters C D E.

Near these twos, natural threes. Say them back-wards: E D C.

Draw line note and 2 space notes.

Natural Threes
Pairs of naturals, what’s that mean? White keys with no blacks between.

Shaped like socks

Pairs of naturals, shaped like socks, in between those black key blocks.
Mary had a little lamb, its fleece was white as snow.

Every where that Mary went, that lamb was sure to go.
Hot Cross Buns

Hot cross buns, Hot cross buns, One a penny, two a penny, Hot cross buns.

Play, play, play-hold. Play, play, play-hold. Easy, easy, easy, easy, Play, play, play-hold.

Bird side

Frog side
This treble clef means just play naturals high up where birds go.

This bass clef means play naturals on this frog side where it’s low.
Bass Clef:

D-line is centre of bass clef down low.

Treble Clef:

D-line in treble is higher, we know.
Where is A?

D-clef: Place your guide in the centre.

Where is A?  First white key.  Next to link in group of three.

Where is G?

Where is G?  Last white key.  Under link is where she'll be.
**First White Key**

D-clef: Place your guide in the centre.

- First white key, Letter A.
- Next to link, not moved away.

**Last White Key**

- Last white key, Letter G.
- Under link in group of three.
Where is A?

D-clef: Place your guide in the centre.

Where is A?  Natural A.  Touching link, not moved away.

Where is B?

D-clef: Place your guide in the centre.

Where is B?  Natural B.  Right out at the edge of three.
Where is G?

- Last white key.
- Touching link, not floating free.

Where is F?

- Natural F.
- Edge of threes out on the left.
Who's that letter, inside two? Centre letter, D, that's who!

Centre letter, Don't forget, Centre of the alphabet.
Double Naturals

First key A. Last key G. A and G both inside three.

They are called Double keys. Double naturals inside threes.
At Edge of Three

At edge of three, Which natural key? Go down to F, And up to B.

Out at the edge, What have you heard? Go down to Frog, And up to Bird.
Island Beaches

Play on the out-side, Play on the out-side, In-side, Out-side, Big groups of three.

Play on the beach-es, Out at the ed-ges. Is-land beach-es, That's where I'll be.
(Play finger 3 all the way.)

Down in this basement these frogs like to be,  
Hopping from A all the way up to G.

Here in the basement these frogs like to play,  
Hopping from G all the way back to A.

Staccato:  
- a dot over or under the note(s).  
- hop off the keys straight after playing.

Centre of Keyboard

Birds

Frogs
First two naturals A and B.

Next to link and edge of three.

In the bass an Ant and Ball, Crawl and roll along this wall.
Put these notes in treble clef. G the girl and First-space F.
Where is A?

Don't forget, First key in each alphabet.

Where is A?

Nat - 'ral A. Next to link, not moved away.

Where is A?

high side

low side
Where is G?

Don’t forget, Last key in each alphabet.
Where is A, G?

Where is A? Don't forget, bottom of each alphabet.

Where is G? Let me think. Top note right here under link.
Where is B, F?

Where is F? Can you guess? Second top line in bass clef.

Where is B? Where’s B’s place? Second bottom note in bass.
A’s touch links but B’s do not. Guess what secret B has got.

One more note floats free as well. What’s its secret*, can you tell?

*B and F have secret invisible lines!
### Each Side of Link

<table>
<thead>
<tr>
<th>Notes that touch each side of link,</th>
<th>What sort are they, do you think?</th>
</tr>
</thead>
</table>

#### Move This Line

Move this line to nat-'ral A. On each side a space we play.

---

**Change the guide!**
The Link Line is this middle key. In this black key group of three.

Move this line to natural G. On each side a space we see.
Touch this A line, then move out. People say that’s not quite right.

How to fix these note designs? Moved out notes need Leger-lines.
This line is for Edge-line E. He steps up then down to C.

Step means play next key each time. Step-ping goes space line space line.

centre of keyboard
This hand plays on high side, Call this hand my high hand.

This hand plays on low side.

Call this hand my low hand.
Three-Line Guides

High hand plays on three-line guide. When its placed on high hand side. This is where these birds all fly. Bottom middle low and high.

Low hand plays on three-line guide. When its placed on low hand side. This is where these frogs all hop. Bottom middle bottom top.
Verse 2: Some like it hot, Some like it cold. Some like it in the pot, Nine days old.
"Ode To Joy" by Beethoven

Play each hand separately at first.
Count 4 beats in each bar.

"Ode to Joy" is by Beethoven from his great 9th symphony.

One-two, and three-four.

"Ode to Joy" is all about how man should live in harmony.

At the start of every bar we play with hands together.
That’s because the strongest beat is first in every measure.
Ant and Edgeline, Low, high, both. Line notes change to space notes now.

Ball and Duck go Low, high, both. Watch notes change and tell me how.
Top Half, Bottom Half

Top half of alphabet: G F E D.

Bottom half of alphabet: keys A B C.

Learn all the letters in each alphabet.

In each position, which letter you get.
An Alphabet Stave

An alphabet stave has three lines. One line for each group of black keys.

One alphabet goes in between. It’s just for beginners to use.
Bottom Half, Top Half

Bottom half of alphabet.

Space to space but what's this kind?

Top half of this alphabet

Space to space and secret line.
Edgeline E, Firstspace F

Mark the “easys” and “plays”

Edge-line E, First-space F, Bottom pair in treble clef.

Girl looks through that curl at me. Line to line, skip one key.

Centre Alphabet
Soccer, Cricket, Basketball

Add flash cards for these notes F and G to A and B.
Twos and Threes
(Hands Together)

It's a race!
My timings:

Play hands separately at first.
(Both hands play the middle twos.)
In this big department store.

Games and toys up on first floor. Second floor for clothes and shoes. Top floor restaurant with views.
Basement Parking

Basement parking underground.

Driving downward round and round. Hope we find a parking space, at the bottom of the bass.
Go this side, that side, of this line. We're stepping up and down.

<table>
<thead>
<tr>
<th>Sky</th>
</tr>
</thead>
<tbody>
<tr>
<td>centre of keyboard</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>This Side, That Side</th>
</tr>
</thead>
<tbody>
<tr>
<td>up side, down side, next to line, to wards the sky, or ground.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ground</th>
</tr>
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</table>

Play this side first.
Note Stickers

Each little note sticker goes on one key. Put them on keys so they're easy to see.

Playing on extras to help find our place. Playing on naturals in treble and bass.

centre of keyboard
Note Stickers

Where do these little white note stickers go?
Put them on these 3 black keys in a row.
Move hands out.

Where should these little black note stickers be?
Here on these white keys they’re easy to see.

centre of keyboard
Three Twos

Cent - tre twos,

high twos, low twos, two twos. Right on the twos lines, jump to link lines.
Twos

Low side twos, High side twos,
Two for frogs, Two for birds,
Now where should we be?
Two for kids like me.
Patterns

Play this side first.

Right on line, or next to line. Touching line or moved away. Notice patterns all the time. That is how we learn to play.
Edges of Treble and Bass

Treble clef region

- Treble clef starts from this pair. Treble clef ends right up there.
- Both these pairs are E and F.

High hand

- The treble clef region includes:
  - Top line and space
  - Edge-line and first-space

Low hand

- Bass clef region starts with double keys.
- Double keys at the edge are in threees.

- Bass clef starts with double keys.
- Double keys at the edge of bass are inside threees.

- Bass clef region includes:
  - Edge-line and first-space
  - Top line and space

Treble clef region

- Double keys
- High hand
Playing in the C position, let me show you how.

Play five finger exercise in C position now.
Bottom space in bass is A. G’s the furthest space away.

In this centre alphabet,
Look at all these friends we met.

Treble alphabet comes third, Flying higher, like a bird.
Naturals (♩) Above and Below

Naturals above, and naturals below. Two on each side, that’s four in a row.

Both hands at once, Just practice it slow. Play up and down. Think which way to go.
Riding the Waves

Riding the waves, Way out in the sea. Beautiful day, Just perfect for me.
Hold on to this safety line. Don’t let go and float away.

Keep in touch and you’ll be fine. Don’t let go! Stay okay.
These white keys were invented first. Then they added blacks.

These white keys are called naturals and these extras sharps and flats.
First Two Naturals

Frog Clef

Last two letters B and A. Next to link or moved away.

Last Two Naturals

Bird Clef

Last two letters F and G. Touching link or floating free.
In the middle of each alphabet, Lives the letter D,
And above is letter E and below is letter C.

White Keys CDE
Notes that touch a line are fine.

Here’s what music experts say.

But where notes are moved away,

Notes should be another line.

Music experts say.

Notes that touch a line are fine.

But where notes are moved away,

There should be another line.

What Music Experts Say

Anders"
First 2, Last 2 Letters

This ‘frog’ clef is for a 3-line alphabet stave.

Bottom naturals, which are they?  First two letters B and A.

Top two notes inside bass clef, Last two letters G and F.

The ‘bass’ clef is for a 5-line stave.
Each Alphabet

Each alphabet goes A B C, D in the middle then E F G.

Each alphabet goes G F E, D in the middle then A B C.

‘Basic’ Alphabet

Frogs

Birds
Special Little Characters

Special little characters, Just for centre

Girls and boys and pets and toys, All to learn and

not for - get.
The Birds’ Alphabet

Here is the third alphabet, Way up high. It’s known as the birds’ alphabet, Way up high.

Here is the way to play, Skip on four space notes then skip on three lines, don’t forget, Way up high.
Line and Space in Each Alphabet

First we choose one of these three alphabets. Then see if line or space each letter gets.

In bass clef A C E G are all space. In middle alphabet, opposite case.
Three Line Guide

Bottom line, middle line, Top line known as link line. Seven naturals in between, Three line guide.
Tell me which alphabet I'm in today. Which alphabet are you hearing me play?

‘Alphabet staves’ have only 3 lines

- **Higher alphabet (Bird) clef**
- **Centre alphabet (Kids) clef**
- **Lower alphabet (Frog) clef**
Can You Guess Which Alphabet

higher alphabet (Bird) clef

centre alphabet (Kids) clef

lower alphabet (Frog) clef

3 'alphabet staves'

Can you guess which alphabet (3X) I'm playing in today.
All Alphabets

On the key-board, all alphabets are the same. Seven white keys in a row. And Express Staves also are always the same. That's all that you need to know.

(On the key-board, all alphabets are the same. Seven white keys in a row.)

Down at the bottom or right in the middle or up at the top we can go.

down at the bottom or right in the middle or up at the top we can go.
Music Alphabet

First two notes in alphabet, A and B, A and B.

Middle notes in alphabet, C, D, E, C, D, E.

Top two notes in alphabet, F and G, F and G.

Seven letters, don't forget, That's one music alphabet.
Alphabet guide, Each alphabet guide. All seven letters go somewhere inside.

Top letter G, and second top F. Learn all positions in alphabet clef.
And the Bird alphabet, is the third alphabet, And the word Treble means ‘times three’.

So the word, don’t forget, for this third alphabet, is Treble coz it means times three.

But a mix-up occurred that the meaning of the word was the distance of the third degree,

So it’s up in the third, and it’s up by a third, that the Treble alphabet will be.
In the Bass

A is a space note, B is a line note, C is a space note, D is a line note,
E is a space note, F is a line note, G is a space note.

In the bass.
In the Treble

A is a space note, B is a line note, C is a space note, D is a line note,

E is a space note, F is a line note, G is a space note, treble clef.

treble.alphabet
Alphabet Within the Bass

Top three letters: E F G.
Bottom letters: A B C.
Alphabet Within the Bass

Alphabet within the bass, Seven letters all in place.

A space up to top space G, D line is the centre key.
Inside Bass Clef

In - side bass clef on this wall.  Seven letters.  Draw them all.

A  B  C  D  E  F  G,  On bass wall for all to see.
Each Natural Key

Bottom letters A, B, C. Centre line is letter D.

Top three letters E, F, G. Now we know each natural key.

bass.alphabet
This alphabet is down low in the bass. This is where frogs hop all over the place.

This is the treble or third alphabet. High in the sky it’s the birds alphabet.
Play Each Space

Play each space within the bass,
Learn each coloured letter’s place.

Treble alphabet for birds,
Every letter up a third.
Stepping

In these five-line staves we see each line and space is one white key.

Next door naturals, next door fingers. Stepping up and down with me.
Next To D-line

Next to D-line, Out from D-line, Notes that don't touch, Notes that do.

Step from D-line, Skip from D-line, Line notes don't touch, Space notes do.
Go down through the bar line,
Make a bee-line in the treble, G B D lines, treble stave.

Make a bee-line for bee hive to steal some honey if you’re brave.

Bass: G

D-line: D

1 2 3 4
In this basic alphabet, All these letters neatly fit. But with treble clef on top, Every note is one skip up.

Purple, orange, green and white. Colour every space just right. Orange, purple, white and green. So each letter can be seen.
Some folks like to sob and sigh. Some folks do, some folks do.

Some folks just don’t even try, but that’s not me nor you.

Some folks like to moan and groan. Some folks do, some folks do. They can do it on their own ‘cause that’s not me nor you.
Jingle Bells

Jingle bells, jingle bells, jingle all the way.
Oh what fun it is to ride in a one horse open sleigh, hey!

1st time
is to ride in a one horse open sleigh, hey.

2nd time
One horse open sleigh, hey!
But there is a way for black keys to play. We call them a sharp, or we call them a flat.

**Sharp** means the next key higher.

**Flat** means the next key lower.
Spell Four Space Notes

Bot - tom pair in tre - ble clef. Top pair al - so E and F.
Mid - dle pair, Double keys. Now spell all four space notes please.
Outside or inside or outside the stave. Some are protected but others are brave.

Outside or inside or outside the stave. Some keeping guard so that others are saved.
Skip To My Lou

3 2

Skip on line notes in a row. Change to space notes, here we go. Swing your partner to and fro, Skip to my Lou my darling.

3 2

Skip on space notes in a row. Change to line notes, here we go. Swing your partner to and fro, Skip to my Lou my darling.
Knuckle Muscles

A fun game to help develop strong, curved fingers 2,3,4 and 5. At each pause, the teacher tests the “knuckle muscles” by gently pushing against the knuckle while the student holds the note.

Knuckle muscles, test my muscles, How strong have my fingers got? Knuckle muscles, test my muscles, Do they buckle when I stop?
Three Alphabets