New June 2022
Hand Shape Exercises:

• Fingertips together, tap on lid, hingeing at the wrist.

• Hingeing at the elbow, drop or flop arm onto the lid.

• Press each finger against the thumb.
  (Keep nails short.)
Hand Placements

Sit in the centre.

notation for black keys

note stickers

line note space note
Right on Line or Next to Line

Which side do we go this time?

Next to lines we call it space.

Notes can go in ei-ther place.

Play this side first.
Smooth - ly step on group of three.

Cling on till each next - door key.

Smoothly Step

Step - ping means to key next - door.

Stepping Means ...

Step with fin - gers 2 3 4.

centre of keyboard

Play this side first.
In this black key group of three, which one is the special key?

Which key will be called the link?

Which key is it, do you think?

*Middle of 3 black keys is called the LINK.*
Line to Space

Line note goes to high side space.
Line note goes to low side space.

Stepping Up and Down

To the sky and to the ground.
Three Little Piglets

Play this side first.

Three lit-tle pig-lets, Play - ing this game.

That's this game's name.

1 2 3

"Pig in the Mid -dle" That's this game's name.

Both hands to -ge-ther, fin-gers the same.
Up above or down below.

Follow every where I go.

Over line or under line.

See which key to play each time.

Play this side first.
These lines are called link lines, these lines for groups of three.

Links are what they point to, the blacks' most famous key.

Play this side first.
Black Keys Clefs

High keys, right side
Bird clef, high side,
‘Bird Clef’ = high side.

Low keys, left side
Frog clef low.
‘Frog Clef’ = low side

Each side has its
clef.
Clefs just show which
side to go.

Black keys clef.

centre of keyboard

Low keys, left side
High keys, right side

Birds
Frogs
Play this side first.

Hands together: Close or wide, Close or wide, Inside, outside three line guide

Three black key group, Low hand goes the other way. (rest)
Stamp Each Foot

In threes, (rest) Natural keys.
Stamp each foot, three times please.
Cling 3
Lift 3

In threes, (rest) Double keys.
Stamp with twos, Stamp with threes.
Cling 3
Lift 2

Double natural keys inside threes.
Baby Panda

Ba-by Pan-da likes to play On these pia - no keys each day.

Pan-da plays four nat-ural keys,

Then he plays black group of threes.

Four natural keys near each black group of three.
Under, Over

Under, over, down and up. Left side, right side, bottom, top.

Birds

Frog side, Bird side, ground or sky. Bass or treble, low or high.

Frogs
On these two black keys I play. Call them letters i and j.

i and j both have a dot. Dots no other letter's got.
Three-line Stave

Three-line stave just for black keys, Line for twos and lines for threes.

Three-line Guide

Three-line guide at back of keys, High and low and middle keys.
I Like Ice Cream

(Verse 2) If I only had my way, I'd eat ice cream every day.

I'll have two scoops.

So do we. We'll have three.

To the teacher:
The student first plays with the page vertical. Afterwards turn the page horizontal to sing the lyrics and play with the accompaniment.

Teacher's Accompaniment:
Smiley Face

(Verse 1) Smiley face,
centre place.

(Verse 2) Where all kids’ voices go, Not too high and not too low.

Centre-clef:
Place your 3-line guide at the centre of the keyboard.

(3) bottom
(2) middle
(3) top

centre of keyboard
I sit here, Group of 2
centre keys.

Group of two,
in between these near these twos.

I sit here,

Each hand knows which keys to use.
This Bird Clef

This “Bird Clef”, Means your guide

Goes up high on right hand side.

See Frog Clef.

See “Frog Clef”. Place your guide

Way down low on left hand side.
Pick Your Socks Up

Pick your socks up off the floor. Find more socks behind the door.

Put your clothes and toys away. Keep your room neat every day.
7 Naturals

In between these links they go!

Seven Naturals in a row.

That's one natural alphabet.

In side link lines, don't forget!
Centre Alphabet

A B C D E F G, That's seven white keys in a row.

Centre alphabet is special. That's where children's voices go.
D, Duck Under

Duck says “You can’t fence me in. I can just duck under.”

Centre Alphabet
White Key Clefs

When your clefs are bass and treble, just play naturals, don't ask why!

White key clefs are bass and treble, clef for low and clef for high.

When your clefs are bass and treble, just play naturals, don't ask why!
How many two groups are there on the keyboard?
All Pairs

How many pairs are on the high side?
Put Your Socks On!

Put 1 your socks on!

Put 2 your socks on!

Both of you put on your socks now!

(Both hands together)

Teacher’s Accompaniment:

centre of keyboard
1: Pair of naturals on the right. ------------ That’s where treble clef will start.

2: Pair of naturals on the left. ------------ They go down here on bass clef.

3: Hands together we can play. Stepping out and in this way.
Near these twos, three white keys. They are letters C D E.

Near these twos, natural threes. Say them back-wards: E D C.

Natural Threes
Pairs of Naturals

Pairs of naturals, What’s that mean? White keys with no blacks between.

Shaped Like Socks

Pairs of naturals, Shaped like socks, In between those black key blocks.
Mary had a little lamb, its fleece was white as snow.

Every where that Mary went, that lamb was sure to go.
Hot Cross Buns,

Hot cross buns,
One a penny, two a penny,
Hot cross buns.

Play, play, play-hold.

Easy, easy, easy, easy,
Play, play, play-hold.
This treble clef means just play naturals high up where birds go.

This bass clef means play naturals on this frog side where it’s low.
D-lines

Bass Clef
D-line is centre of bass clef down low.

Treble Clef
D-line in treble is higher, we know.
Where is A?
D-clef: Place your guide in the centre.

Where is A? First white key. Next to link in group of three.

Where is G?

Where is G? Last white key. Under link is where she’ll be.
**First White Key**

- Place your guide in the centre.
- First white key, Letter A. Next to link, not moved away.

**Last White Key**

- Under link in group of three.
- Last white key, Letter G.
Where is A?

D-clef: Place your guide in the centre.

Where is A? Natural A. Touch-ing link, not moved a-way.

Where is B?

Where is B? Natural B. Right out at the edge of three.
Where is G?

Last white key. Touching link, not floating free.

Where is F?

Natural F. Edge of threes out on the left.
Who's that letter, inside two? Centre letter, D, that's who!

Centre letter, Don't forget, Centre of the alphabet.
Double Naturals

First key A.  Last key G.  A and G both inside three.

They are called Double keys.  Double naturals inside threes.
At edge of three, Which natural key? Go down to F, And up to B.

Out at the edge, What have you heard? Go down to Frog, And up to Bird.
Play on the out-side,    Play on the out-side,    In - side,    Out - side,    Big groups of three.

Play on the beach-es,    Out at the ed - ges.    Is - land    beach-es,    That's where I'll be.
Down in this basement these frogs like to be,
Hopping from A all the way up to G.

Here in the basement these frogs like to play,
Hopping from G all the way back to A.

**Staccato:**
- a dot over or under the note(s).
- hop off the keys straight after playing.
First Two Naturals

In the bass an Ant and Ball, Crawl and roll along this wall.

centre of keyboard

L

L

L

L
Last Two Naturals

Last two naturals F and G.

Next to linking or floating free.

Put these notes in treble clef. G the girl and First-space F.
Where is A?

Don’t forget, First key in each alphabet.

Where is A?

Natural A. Next to link, not moved away.

Where is A?

high side

low side
Where is G?

Can you tell? Just be - low this link key L.

Where is G? Don’t for - get, Last key in each al - pha - bet.
Where is A, G?

Where is A? Don’t forget, bottom of each alphabet.

Where is G? Let me think. Top note right here under link.
Where is B, F?

Where is B? Where’s B’s place? Second bottom note in bass.

Where is F? Can you guess? Second top line in bass clef.
Guess What Secret

A’s touch links but B’s do not. Guess what secret B has got.

One more note floats free as well. What’s its secret, can you tell?

*B and F have secret invisible lines!
Move This Line

Each Side of Link

Notes that touch each side of link, what sort are they, do you think?

Move this line to nat - 'ral A. On each side a space we play.

Change the guide!
Link Line

Link line is this middle key, in this black key group of three.

Move This Line to G

Move this line to natural G. On each side a space we see.
Touch this A line, then move out. People say that's not quite right.

How to fix these note designs? Moved out notes need leger-lines.
This line is for Edge-line E. He steps up then down to C.

Step means play next key each time. Step-ping goes space line space line.

centre of keyboard
This hand plays on the high side. Call this hand my high hand.

This hand plays on the low side. Call this hand my low hand.
Three-Line Guides

High hand plays on three-line guide. When its placed on high hand side. This is where these birds all fly. Bottom middle low and high.

Low hand plays on three-line guide. When its placed on low hand side. This is where these frogs all hop. Bottom middle bottom top.
Giant Ants!

Giant ants! On this wall, Rolling balls, As they crawl.

centre alphabet

L centre alphabet L
Cat and Duck and Edge-line

You all are very little.

Do not leave this playground! Please keep right in the middle.

Common time: 4 beats per bar

Add flash cards for middle C, D and E so as to complete the centre alphabet (A to G).
Cat With Whiskers, Ant and Ball

Cat with whiskers, Ant and Ball Crawl and roll on bass clef wall.

They stay in this centre place. Two are lines and one’s a space.

centre alphabet
The treble and bass staves are separated more, so as to show which hand will play. This means the C note can be in two places.

Low hand plays, High hand plays. Pat that cat two different ways.
On centre keys, we love playing games. Do you know all of our character names?
Pease Porridge Hot

Verse 2: Some like it hot, Some like it cold. Some like it in the pot, Nine days old.
“Ode To Joy” by Beethoven

Play each hand separately at first.
Count 4 beats in each bar.

“One-two, and three-four.

“Ode to Joy” is by Beethoven from his great 9th symphony.

At the start of every bar we play with hands together. That’s because the strongest beat is first in every measure.
Ant and Edgeline

Ant and Edgeline, Low, high, both. Line notes change to space notes now.

Ball and Duck go Low, high, both. Watch notes change and tell me how.
Top Half, Bottom Half

Top half of alphabet G F E D.

Bottom of alphabet, keys A B C.

Learn all the letters in each alphabet.

In each position which letter you get.
An Alphabet Stave

An alphabet stave has three lines. One line for each group of black keys.

One alphabet goes in between. It’s just for beginners to use.
Bottom Half, Top Half

Bottom half of alphabet.

Space to space but what's this kind?

Top half of this alphabet

Space to space and secret line.
Mark the “easys” and “plays”

Edgeline E, First-space F, Bottom pair in treble clef.

Girl looks through that curl at me. Line to line, skip one key.

Centre Alphabet pair pair
Soccer, Cricket, Basketball

Throw a ball against a wall.

Ball game sports are fun to do.

Add flash cards for these notes F and G to A and B.
Twos and Threes
(Hands Together)

It's a race!
My timings:

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Play hands separately at first.
(Both hands play the middle twos.)

Play by feel, without looking at the keys!
In this big department store.

Games and toys up on first floor. Second floor for clothes and shoes. Top floor restaurant with views.
Basement parking under-ground.

Driving downward round and round. Hope we find a parking space, at the bottom of the bass.
Go this side, that side, of this line. We're stepping up and down.

This Side, That Side

Go up side, down side, next to line, to-wards the sky or ground.

Sky

birds

centre of keyboard

Frogs

Ground
Note Stickers

Each little note sticker goes on one key. Put them on keys so they’re easy to see.

Playing on extras to help find our place. Playing on naturals in treble and bass.

centre of keyboard
Note Stickers

Where do these little white note stickers go? Put them on these 3 black keys in a row. Move hands out.

Where should these little black note stickers be? Here on these white keys they’re easy to see.

centre of keyboard
Three Twos

Cen - tre twos,

high twos, low twos, two twos. Right on the twos lines, jump to link lines.

Low 2

Centre 2

High 2
Low side twos,  
Two for frogs,  

High side twos,  
Two for birds,  

Now where should we be?  

Two for kids like me.
Patterns

Play this side first.

Right on line, or next to line.  Touching line or moved away.  Notice patterns all the time.  That is how we learn to play.
Edges of Treble and Bass

Treb - le clef starts from this pair. Treb - le clef ends right up there. Both these pairs are E and F.

High hand

Bass clef region

Treble clef region

Low hand

Bass clef region

Top line and space

Edge-line and First-space

Bass clef starts with double keys. Double keys are inside threes. At the edge, one line, one space. Double keys at edge of bass.

Double keys

Pair

Double keys

Pair
C Position

Playing in the C position, let me show you how.

Play five finger exercise in C position now.

C Position

high hand

middle C
(Cat)

low hand

Playing in the C position, let me show you how.
Five

Bot - tom space in bass is A. G's the fur - thest space a - way.

The low hand

Three Alphabets

Five

In this cen - tre al - pha - bet,

The high hand

Look at all these friends we met.

Tre - ble al - pha - bet comes third, Fly - ing higher, like a bird.
Naturals (♮) Above and Below

Naturals above, and naturals below.
Two on each side, that’s four in a row.

Both hands at once, Just practice it slow.
Play up and down. Think which way to go.
Riding the waves, Way out in the sea. Beautiful day, Just perfect for me.
Hold on to this safety line. Don’t let go and float away.

Keep in touch and you’ll be fine. Don’t let go! Stay okay.
These white keys were invented first. Then they added blacks.

These white keys are called naturals and these extras sharps and flats.

Be careful!
First Two Naturals

- First two letters B and A.
- Next to link or moved away.

Last Two Naturals

- Last two letters F and G.
- Touching link or floating free.

Directions:
- Low hand: 3
- High hand: 3
- Frog side: 3
- Bird side: 3
In the middle of each alphabet, Lives the letter D,
And above is letter E and below is letter C.
Notes that touch a line are fine.

Here's what music experts say.

What Music Experts Say

But where notes are moved away,

There should be another line.

Notes that touch a line are fine.

‘Basic’ Alphabet

P rogs

A B F G A

B irds
First 2, Last 2 Letters

First two letters B and A.

Bottom naturals, which are they?

Top two notes inside bass clef, Last two letters G and F.

This ‘frog’ clef is for a 3-line alphabet stave.

The ‘bass’ clef is for a 5-line stave.

Frogs

ABFGA

Birds
Each Alphabet

Each alphabet goes A B C, D in the middle then E F G.

Each alphabet goes G F E, D in the middle then A B C.

‘Basic’ Alphabet

Frogs

Birds

A B C E F G A
Special Little Characters

Girls and boys and pets and toys,
All to learn and
not for - get.
Here is the third alphabet, Way up high. It’s known as the birds’ alphabet, Way up high.

Here is the way to play, Skip on four space notes then skip on three lines, don’t forget, Way up high.
First we choose one of these three alphabets. Then see if line or space each letter gets.

In bass clef A C E G are all space. In middle alphabet, opposite case.
Three Line Guide

Bottom line, middle line, Top line known as link line. Seven naturals in between, Three line guide.
Tell me which alphabet I’m in today. Which alphabet are you hearing me play?

<table>
<thead>
<tr>
<th>‘Alphabet staves’ have only 3 lines</th>
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<tbody>
<tr>
<td>higher alphabet</td>
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<tr>
<td>(Bird) clef</td>
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<tr>
<td>centre alphabet (Kids) clef</td>
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<tr>
<td>lower alphabet</td>
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<tr>
<td>(Frog) clef</td>
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</tbody>
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3 ‘alphabet staves’
Can You Guess Which Alphabet

higher alphabet
(Bird) clef

centre alphabet
(Kids) clef

lower alphabet
(Frog) clef

3 'alphabet staves'

Can you guess which alphabet (3X) I'm playing in today.
On the key-board, all alphabets are the same. Seven white keys in a row.
And Express Staves also are always the same. That’s all that you need to know.

(On the key-board, all alphabets are the same. Seven white keys in a row.)

Down at the bottom or right in the middle or up at the top we can go.

low side

high side
Music Alphabet

First two notes in alphabet, A and B, A and B.

Mid-dle notes in alphabet, C, D, E. C, D, E.

Top two notes in alphabet, F and G, F and G.

Seven letters, don’t forget, That’s one music alphabet.

G C E A
Alphabet Guide

Alphabet guide, Each alphabet guide. All seven letters go somewhere inside.

Top letter G, and second top F. Learn all positions in alphabet clef.

G E C A
And the Bird alphabet, is the third alphabet, And the word Treble means ‘times three’.

So the word, don’t forget, for this third alphabet, is Treble coz it means times three.

But a mix-up occurred that the meaning of the word was the distance of the third degree,

So it’s up in the third, and it’s up by a third, that the Treble alphabet will be.
In the Bass

A is a space note, B is a line note, C is a space note, D is a line note,

E is a space note, F is a line note, G is a space note, In the bass.

bass.alphabet
In the Treble

A is a space note, B is a line note, C is a space note, D is a line note,

E is a space note, F is a line note, G is a space note, treble clef.
Alphabet Within the Bass

Alphabet within the bass, Space line space line space line space.

Top three letters: E F G. Bottom letters: A B C.
Alphabet Within the Bass

Alphabet within the bass, Seven letters all in place.

A space up to top space G, D line is the centre key.
Inside Bass Clef

In - side bass clef on this wall.  Seven let - ters. Draw them all.

A  B  C  D  E  F  G,  On bass wall for all to see.

bass.alphabet
Each Natural Key

Bottom letters A, B, C. Centre line is letter D.

Top three letters E, F, G. Now we know each natural key.
Bass and Treble Alphabets

This alphabet is down low in the bass. This is where frogs hop all over the place.

This is the treble or third alphabet. High in the sky it’s the birds alphabet.
Play Each Space

Play each space within the bass, Learn each coloured letter’s place.

Treble alphabet for birds, Every letter up a third.

bass.alphabet
treble.alphabet
Stepping

In these five-line staves we see each line and space is one white key.

Next door naturals, next door fingers. Stepping up and down with me.

Teacher's Accompaniment:
Next To D-line

Next to D-line, Out from D-line, Notes that don’t touch, Notes that do.

Step from D-line, Skip from D-line, Line notes don’t touch, Space notes do.
Go down through the bar line, straight through the bar line, up through the bar.

Go down through the bar line, bass D-line up, down, centre, up, down, treble D-line.
Make a bee-line in the treble, G B D lines, treble stave.

Make a bee-line for bee hive to steal some honey if you’re brave.
My friends were playing hiding, They thought I would not find them.

But when I heard them laughing, Beneath my bed I found them.
In this basic alphabet, All these letters neatly fit. But with treble clef on top, Every note is one skip up.

Purple, orange, green and white. Colour every space just right. Orange, purple, white and green. So each letter can be seen.
Some folks like to sob and sigh. Some folks do, some folks do.

Some folks just don’t even try, but that’s not me nor you.

Some folks like to moan and groan. Some folks do, some folks do.
They can do it on their own ‘cause that’s not me nor you.
Jingle Bells

Jingle bells, jingle bells, jingle all the way. Oh what fun it is to ride in a one horse open sleigh.

1st time:

2nd time:

Is to ride in a one horse open sleigh, hey.

One horse open sleigh, hey!
But there is a way for black keys to play. We call them a sharp, or we call them a flat.

**Sharp** means the next key higher.

**Flat** means the next key lower.
Spell Four Space Notes

Bot - tom pair in tre - ble clef. Top pair al - so E and F.

Mid - dle pair, Double keys. Now spell all four space notes please.

L L F A C E
Outside and Inside

Out-side or in-side or out-side the stave. Some are pro-tec-ted but o-thers are brave.

Out-side or in-side or out-side the stave. Some keep-ing guard so that o-thers are saved.

Inside the bass

Inside the FACE
Skip to My Lou

Skip on line notes in a row. Change to space notes, here we go. Swing your partner to and fro, Skip to my Lou my darling.

Skip on space notes in a row. Change to line notes, here we go. Swing your partner to and fro, Skip to my Lou my darling.
Knuckle Muscles

A fun game to help develop strong, curved fingers 2, 3, 4 and 5. At each pause, the teacher tests the “knuckle muscles” by gently pushing against the knuckle while the student holds the note.

Knuckle muscles, test my muscles,
How strong have my fingers got?

Knuckle muscles, test my muscles,
Do they buckle when I stop?
Three Alphabets